

uMAT-R Resources Directory

Click on a topic below to explore resources in Missouri and your local area:

[Alcohol and Pregnancy](#)

[Baby Safe Haven](#)

[Breastfeeding](#)

[Clothing Needs](#)

[Crisis Nursery](#)

[Custody](#)

[Depression](#)

[Abuse](#)

[Doula](#)

[Early Intervention/Home Visiting](#)

[Employment](#)

[Families and Loved Ones](#)

[Family Support Services](#)

[Financial Assistance](#)

[Food Pantries](#)

[Food Stamps Application](#)

[General Healthcare](#)

[Government and Community Resources](#)

[Health Facilities](#)

[Hot Meals](#)

[Housing Services](#)

[Loss and Grief](#)

[Marijuana](#)

[Mental Health](#)

[Medications](#)

[Neighborhood Support](#)

[Neonatal Abstinence Syndrome](#)

[Nutrition](#)

[Parenting](#)

Pregnancy and Women's Health

Recovery

Refugee Services

Safe Sleep

Sexual Safety: HIV, Hepatitis, STDs, Sex Work, and Human Trafficking

Substance Use Disorders

Tobacco and Smoking Cessation

Transportation

Education & Literacy

Veteran's Support

Education

Free Legal Service and Pro Bono

Jefferson County Treatment CT

Dental

Alcohol and Pregnancy

(STL) Go The Whole 9: List of Alcohol and Pregnancy Resources	Local	Go The Whole 9 is a St. Louis-based organization that contains an extensive list of organizations that can offer additional information about alcohol and pregnancy.	http://thewhole9.org/alcohol-pregnancy-resources/
(National) Center for Disease Control: Information about Alcohol Use during Pregnancy	National	See the CDC's Information about Alcohol Use During Pregnancy for information about the effects alcohol has during pregnancy.	https://www.cdc.gov/ncbddd/fasd/alcohol-use.html
(MO) Drug and Alcohol Rehab Services for Pregnant Women	Missouri	List of local Drug and Alcohol Rehab Programs for Women that are Pregnant in Missouri.	https://www.drug-rehabs.org/treatment-category/Missouri/Drug-and-Alcohol-Rehab-Programs-for-Women-that-are-Pregnant.htm

Baby Safe Haven

Safe Haven Laws in Missouri and Kansas	Missouri (& Kansas)	The Missouri Safe Place for Newborns Law is an act that allows a parent to legally surrender newborn infants up to 45 days old with a law enforcement officer, firefighter, EMT, hospital staff, maternity home staff, pregnancy center staff, and other professionals. Click on the link to read more details and rules about the law.	https://mchc.net/programs/safe-haven-newborns/
Additional Details about the Missouri Safe Haven Law	Missouri		https://healthbehaviorcenter.wustl.edu/missouri_safe_haven_law/

Breastfeeding

Women, Infants, Children (WIC): Nutritional Breastfeeding Services	National	A good place to start is with the WIC (Women, Infants, Children) and Nutrition Services breastfeeding resources. They have a very inclusive list of documents about the different aspects of breastfeeding. Many of their forms are available in several different languages as well!	https://wicbreastfeeding.fns.usda.gov/
Kangaroo Kids St. Louis: Breastfeeding Groups and Classes	St. Louis, MO	Kangaroo Kids is a St. Louis organization with several community groups and classes. Some of the classes are free, including a Weekly Lactation Support Group and a monthly La Leche League Support group, both of which provide information and support women who want to breastfeed.	https://kangarookidsonline.com/pages/breastfeeding-support
La Leche League of Greater St. Louis: Phone Counseling and Monthly	St. Louis, MO	La Leche League of Greater St. Louis offers phone counseling and monthly meetings for any questions relating to breastfeeding.	http://www.llstl.org/google-calendar/

Meetings		Be sure to check out their calendar of meetings that occur all around St. Louis to find the one nearest to you	
New Beginnings Drug & Alcohol Rehabilitation: Information and List of Resources	National	See the New Beginnings Drug & Alcohol Rehabilitation's article and list of resources about how drugs affect breastfeeding.	http://www.newbeginningsdrugrehab.org/drugs-and-breastfeeding
The Office of Women's Health: Breastfeeding Resources	National	A website designed to help moms and their families understand the benefits of breastfeeding for baby and for mom! There are videos, tip sheets, expert advice, and personal stories from other women.	https://www.womenshealth.gov/breastfeeding/
Blog: Black Women Do Breastfeeding	Virtual		https://blackwomendobreastfeed.org/breastfeeding-resources/
Lunch at Mom's-Breastfeeding Class	Hannibal, MO	As you start your baby out with the best, this class will provide information on the wonderful benefits of breastfeeding for baby and mom. Some of the topics to be discussed will be getting started with breastfeeding, building milk supply, and pumping for times away from baby. Classes are held on Monday evening or Saturday morning. Mothers are encouraged to bring a spouse, partner, relative or friend to	https://www.hannibalregional.org/events/179179/Lunch-at-Moms-Breastfeeding-Class/event-details/
Breastfeeding, Sibling, Childbirth Classes	Festus, MO	Register for breastfeeding, sibling, or childbirth classes here! Some are free and others have a fee- space is limited	https://www.onlineregistrationcenter.com/registerlist.asp?m=4256&p=417&group=61,151&s=4&headers=42135&vs=6&deh=1&pp=15&keyword=none&page=1&it=1&tid=222&pas_campaign=mother_baby&pas_medium=website&pas_source=jefferson_practice_page&pas_content=childbirth_cla

			sses_cta
Breastfeeding Class	Farmington, MO	Please check out the website below for more information about the class schedule.	https://www.parklandhealthcenter.org/Medical-Services/Childbirth/Childbirth-Classes
SouthEast Health Breastfeeding Class	Missouri	This class will walk the learner through understanding how breastfeeding works, latching on and positioning, when to feed your baby, and how to know when they have had enough. It will also explore breast care and breastfeeding lifestyle. Participants will receive "See What You Read: Better Breastfeeding", a comprehensive book which will allow you to see real life examples of the subject you are reading about. This course can be completed in the privacy of your own home and in your own time.	https://www.sehealth.org/services/mother-and-baby-care/childbirth-preparation-classes/
Phelps Health Breastfeeding and Childbirth Class	Rolla, MO	For more information on Phelps Health childbirth education class times and location, please call (573) 458-7397. Childbirth Education Classes These classes are offered in collaboration with the Phelps/Maries County Health Department and Prevention Consultants of Missouri. For questions about the classes, please call (573) 458-6030. Childbirth education classes cover the following topics: Basic information about pregnancy, Breastfeeding, Breathing and relaxation techniques, Cesarean birth, Danger signals in pregnancy, Medical options and epidurals, Newborn care and nutrition, Stages of labor and delivery	https://phelpshealth.org/conditions-treatments/womens-health-center-maternity/childbirth-education

Clothing Needs

Clothing Needs	Springfield, MO	Different facilities in the Springfield, MO area that serve families in need of clothing items.	Clothing Needs - Springfield.pdf
Salvation Army Family and Thrift Store	Festus, MO	Our Lady's School 1550 St. Mary's Lane Festus, MO 63028 Phone: 636-937-5008 Sacred Heart Catholic Church of Crystal City 201 Brierton Lane Festus, MO 63028 Phone: 636-937-5298	
Bread Shed	Poplar Bluff, MO	Agency providing food, clothing and hot meals. 4168 Us-67 Poplar Bluff, MO 63901 (573) 686-2201	http://www.breadshed.org/
Dress 2 Impress Resale Boutique	Farmington, MO	We offer FREE interview attire to any of our surrounding community members who need a helping hand to step out in confidence for job interviews. Also, we offer a FREE week's worth of wardrobe for those that obtain new employment.	https://hope4autism.org/dress-2-impress-resale/
The Community Partnership	Rolla, MO	Those who have suffered a personal disaster and are in need. Baby Clothing, Children's Clothing, General Clothing Provision, Kitchenware, Maternity Clothing, Plus Size Clothing, School Clothing, Shoes, Small Kitchen Appliances, Winter Clothing, Work Clothing	https://www.thecommunitypartnership.org/
Friend of Moms Baby Boutique	St. Louis, MO	Address: 11645 Benham Rd., St. Louis, MO, 63136 Phone: 314-741-3737 Provides new and gently-used clothing and other resources to parents in need. Anyone who is in	www.chapelofthecross.org/friend-of-moms

		need, pregnant, or raising young children is welcome to call for an appointment.	
Focus Gateway City Food Pantry and Clothing/Housewares	St. Louis, MO	Address: 1901 Ann Avenue, St. Louis, MO 63104 Phone: 314-776-4205 gatewaycity.focusna.org/ Food Pantry and clothing/housewares closet are open the 2nd and 4th Wednesdays of the month from 9:00am-11:00am.	https://gatewaycity.focusna.org/
Dream Center Free Clothing Boutique	St. Louis, MO	Address: 4324 Margareta Ave., St. Louis, MO 63115 Phone: 314-381-0700 Clothing Boutique. Distributes new and gently used clothing and accessories at no charge. Call for times.	http://www.stldreamcenter.org/
Community Women Against Hardship	St. Louis, MO	Address: 3963 West Belle Place 63112 Phone: 314-289-7523 CWAH provides basic needs and services such as donated clothing, furniture, bedding, food, and household items to families in need, based on eligibility. We offer various educational & developmental programs and workshops to parents, children (5th-12th grade) and families living in the city St. Louis. All classes are free.	http://cwah.org/
Central Reform Congregation (CRC)	St. Louis, MO	Address: 5020 Waterman, St. Louis, MO 63108 Phone: 314-361-3919 Clothing and food pantry Monday - Friday, 9 - 5. Call 314-361-3919 or more information or if looking for something specific.	https://www.centralreform.org/
Connections to Success and Dress for Success	East St. Louis, IL	Hours: Monday-Friday 9:00 am-4:00 pm. Organization provides clothing for job interviews and outfits for starting work before the first	http://www.connectionstosuccess.org/

		<p>paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers.</p> <p>Address: 601 James R Thompson Blvd - SIUE Campus - Building B, East St Louis, IL 62202 Phone: 618-482-8359</p>	
<p>Connections to Success and Dress for Success</p>	<p>St. Louis</p>	<p>Hours: Monday-Friday 9:00 am-4:00 pm. Organization provides clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers.</p> <p>Address: 2125 Bissell 63107 (No street sign - In the Grace Hill building near Grand and Florissant) Phone: 314-584-6887</p>	<p>http://www.connectionstosuccess.org/</p>
<p>Bridge of Hope Ministries</p>	<p>St. Louis, MO</p>	<p>Phone: 314-312-1383 Address: 4001 Cottage Avenue, St. Louis, MO 63113</p> <p>This agency has a clothing room to help people in need of clothing and shoes for themselves or their family. Clothing Room is open Monday, Wednesday, Thursday and Saturday from 9:00 a.m. to 2:00 p.m. Has free laundry and shower facilities on site. There is also a hang out room, which is a large coffee-shop environment where you can eat a hot meal, get a cup of coffee, watch some TV, use the free WiFi, and enjoy some friendly conversation. Also has tutoring for students of any age.</p>	<p>http://www.bridgeofhopestl.org/</p>
<p>Grandma's Attic</p>	<p>Maryville, IL</p>	<p>Grandma's Attic is a thrift store containing clean, useable donated clothing, small household items,</p>	<p>https://mph.dio.org/get-involved/other-volunteer-</p>

		<p>books, toys and other miscellaneous items. Donations come from individuals, local churches and community groups. One little known fact is that all merchandise is available to the general public; everyone can shop at the thrift store! All of the money collected is used to help support the pantry, Residents' Assistance Program (RAP), and building and program costs. Donations can be dropped off at Grandma's Attic during OPEN hours only.</p> <p>Phone: 618-345-9693 Address: 504 East Division, Maryville, IL, 62062 Hours of Operation: Tuesday through Saturday from 10 AM to Noon, Tuesday 5 to 7 PM</p>	opportunities/grandmas-attic.html
--	--	--	---

Crisis Nursery

Crisis Nursery 24 Hour Helplines	Greater St. Louis Area	<p>FREE crisis care for children ages birth through 12 and follow up counseling and support to their families. If you find yourself experiencing overwhelming parental stress, domestic violence, lack of utilities, food, or shelter, or illness or death in the family, the nursery is here for you! 24 hours a day, 7 days a week!</p> <p>St. Louis City: 314-768-3201 St. Louis County: 314-953-8030 St. Charles: 636-947-0600 Wentzville: 636-887-3070</p>	
Nursery Locations	St. Louis, MO		Nursery Locations.pdf
Outreach Location	St. Louis, MO		Outreach Locations.pdf
Great Circle's	Poplar Bluff,	Great Circle operates three	https://www.greatcircle.org/

Emergency Youth Shelter	MO	separate emergency shelters for children and women dealing with domestic/sexual violence, family crisis or who are homeless. The shelters provide short-term housing, for up to 30 days, for children, ages newborn to 18, and women who cannot remain in the family home for safety reasons.	e.org/index.php/services-by-program/crisis-services/emergency-shelters
Crisis Care Locations	Missouri	Some communities have Crisis Care, which is a free service to families and is designed to alleviate immediate crisis or emergency situations, but is also designed to enhance the family's capability of preventing future crisis or emergency situations from occurring. Crisis Care is available in Columbia, Florissant, Joplin, Kansas City, Parkville, Springfield, St. Charles, St. Louis, and Wentzville.	https://dss.mo.gov/cd/child-care/help-for-families/crisis-help-for-families.htm

Custody

Child Protective Services in Missouri	Missouri	Read this article about how to work with Child Protective Services in Missouri.	https://www.mokanlegal.com/family-law/working-with-child-services
Pro Bono Programs in Missouri	Missouri	Missouri has several Existing Pro Bono Programs that can help with custody cases and other work with minors. Visit the website to see which organizations can help you with your legal service requirements.	https://www.courts.mo.gov/page.jsp?id=43918

Depression

Postpartum Support International (PSI): Help for Moms	National	Postpartum Support International (PSI) runs a toll-free hotline and a free chat line, and provides peer support, information, and resources for women dealing with a range of emotional concerns, such as sadness, anxiety, sleeplessness, worry, or mental health concerns. All services are free, private, and nonjudgmental.	http://www.postpartum.net/learn-more/help-for-moms/
MOMS line: Peer-Supported Telephone Line	St. Louis, MO		https://www.ssmhealth.com/maternity/moms-line-stl
Kingdom House: Carino y Apoyo Program	St. Louis, MO		https://www.lifewisestl.org/who-we-serve/adults/maternal-mental-health/
Regional Medical Center	Poplar Bluffs, MO	At Poplar Bluff Regional Medical Center, we focus on helping individuals achieve optimal mental health in a professional, caring environment. We offer a range of services for adults, including diagnostic evaluation, crisis stabilization and treatment. Our behavioral health team provides care for a wide a range of mental and emotional challenges, from depression and severe mood swings to dementia and acute mental illness. For more information, please call (573) 686-7468.	https://www.pbrmc.com/behavioral-health-services
Heartland Counseling Center	Farmington, MO	Heartland Counseling Center specializes in working with Adults of all ages with a variety of emotional and transitional struggles. We have experienced Counselors who provide Individual Counseling as well as	https://heartlandcounselingcenter.com/depression-counseling/

		<p>Marriage Counseling to meet your individual or relationship needs. Our Counselors specialize in Anxiety Counseling, Depression Counseling, Anger Management Counseling, and Grief Counseling Services.</p> <p>Heartland Counseling Center 400 N Washington Street Suite 229 Farmington, 63640 (573) 218-9699</p>	
Find a Depression Therapist	Rolla, MO	Need help or don't know where to start? Send a private and confidential message to a therapist that deals with depression in Rolla, Missouri.	https://www.findatherapist.com/local/missouri/rolla/depression/
BJC Behavioral Health	Farmington, MO	<p>BJC Behavioral Health provides and coordinates an array of mental health services for citizens residing in St. Louis City, St. Louis County, and the counties of St. Francois, Iron and Washington, Missouri. They serve as the point of entry for people eligible for services funded through the Missouri Department of Mental Health, and also provide services under some health plans and grants.</p> <p>The mission of BJC Behavioral Health is to improve the mental health and well-being of the people and communities we serve who are impacted by mental illness. They deliver services that are primarily community-based and coordinate them with a variety of agencies and resources in the community.</p> <p>1085 Maple St, Farmington, MO</p>	https://www.bjcbehavioralhealth.org/

		63640 Phone: (573) 756-5353	
--	--	--------------------------------	--

Abuse

Office on Women's Health: Relationships and Safety	National	Womenshealth.gov has information on all types of intimate partner abuse, including emotional control, manipulation, and dating violence. Looking at their list of signs of abuse is a good place to start.	https://www.womenshealth.gov/relationships-and-safety
Safe Connections: List of Relationship Resources	St. Louis, MO	Safe Connections offers free, professional counseling as well as support groups for those who are experiencing or have experienced domestic violence or an abusive relationship. They have a list of resources for St. Louis as well as a 24-hour hotline at 314-531-2003 where a trained professional will always be available.	https://www.safeconnections.org/local-and-online-resources/
Domestic Violence Shelter	Hannibal, MO	A local domestic violence shelter within the Hannibal area.	https://www.domesticshelters.org/help/mo/hannibal/63401/avenues-for-northeast-missouri-inc
Adult Abuse Hotline	Kirksville, MO	800-392-0210 Services offered: investigations and intervention in cases of adult abuse, neglect, and financial exploitation or programs and services for adults with disabilities. Referrals for some other services.	https://health.mo.gov/safety/abuse/

Safe Passage Domestic Violence Shelter	Moberly, MO		(Moberly) Safe Passage Domestic Violence Shelter.pdf
Children's Advocacy Center	Festus, MO		https://www.comtrea.org/services/community-services/childrens-advocacy-center
Women's Safe House	St. Louis, MO	The Women's Safe House offers services for women and their children who have been subjected to domestic violence.	https://twsh.org/
Human Trafficking Survivor Support	St. Louis, MO	MBCH Provides support for those trapped in human trafficking. Our primary focus is to serve women and minors who are victims of sex trafficking. Women who have engaged in sexual activity for payment and desire freedom from the sex industry are served as well.	https://www.mbch.org/ministries-by-program/human-trafficking-rescue/
Haven House	Poplar Bluffs, MO	The Haven House mission is to end rape and abuse in Southeast Missouri through shelter, support, advocacy and education. Main Office/Hotline (800) 491-1138 (573) 686 4873 Text Hotline (573) 429-5730	https://www.havenhousepoplarbluff.org/
MCADSV Public Resource	Missouri	MCADSV serves as a public resource for information on domestic and sexual violence, as well as a link to service providers in the state.	https://www.mocadsv.org/how-to-get-help/
Russell House	Rolla, MO	Russell House is a not-for-profit organization that provides service and support to victims of domestic violence, sexual	https://russellhousemo.org/

		<p>violence, and stalking. We support the principle that all individuals have a right to a life free of abuse. We seek to break the cycle of violence by increasing awareness, acting as advocates for victims, coordinating existing resources, and providing safe shelter to victims and their children.</p>	
COMTREA/A Safe Place	Festus, MO	<p>COMTREA/ A Safe Place 227 Main St. Festus, MO 63028 Hotline: 877-266-8732 Office: 636-931-2700 Fax: 636-931-2139</p> <p>Services: Shelter Domestic violence crisis intervention Case management Court advocacy Support groups for women and children Professional therapy for women, children, and men Structured program for children Individual and group therapy for batterers Non-residential services</p>	www.comtrea.org

Doula

DONA International: Find a Doula	International	<p>The DONA International website has more information about doula services, as well as Find a Doula search bar. Ask your insurance provider or birthing hospital if you would like to connect to this service.</p>	https://www.dona.org/what-is-a-doula/find-a-doula/
The Doulas of Greater	St. Louis, MO	The Doulas of Greater St. Louis	http://www.doulasofgr

St. Louis		website has a list of Doulas that vary in qualifications and specialties.	eaterstlouis.com/find-a-doula.html
Perry County Women's Care	Perryville, MO	<p>At Perry County Women's Care, services are offered for women of all ages from complete obstetric care to gynecologic care. Some of our services include:</p> <p>Well-women exams Laparoscopic and gynecologic surgery Family planning Infertility evaluation and treatment Comprehensive office gynecology Menopausal care Urinary incontinence</p> <p>Perry County Women's Care 206 Hospital Ln Ste 201 Perryville MO 63775-1382 Phone: 5735474899 Email: mgruenwald@pchmo.org Aprox. 32 miles from 63640</p>	http://www.pchmo.org/services-womensCare.aspx

Early Intervention/Home Visiting

Cap4Kids Children's Advocacy Project: Early Intervention Resources	St. Louis, MO		http://cap4kids.org/stlouis/parent-handouts/early-intervention-development/
Nurses for Newborns: Home Visits	Missouri	Nurses for Newborns (MO and TN) is a free service that will send a registered nurse to visit you at home and check on both you and your baby's	http://www.nursesfornewborns.org/whatwedo/how-to-get-services/

		health. Call and make an appointment at 314-544-3433. If you are experiencing postpartum depression or anxiety, tell your nurse so she can provide you with additional recommendations.	
First Steps: Missouri's Early Intervention System	Missouri	First Steps is Missouri's Early Intervention system for infants and toddlers from birth to age 3, who have delayed development or diagnosed conditions that are associated with developmental disabilities. Visit their website to see the services and resources that they offer to young children with needs and their families.	https://dese.mo.gov/special-education/first-steps
Family Forward: Child and Family Services	Missouri		https://familyforwardmo.org/how-we-help/
The Community Partnerships	Rolla, MO	We are a non-profit organization located in Rolla, Missouri. We serve children, youth, and families through a variety of programs in the primary areas of foster care, pregnant and parenting youth, childhood disability, and early education. We are governed by a board of directors and are funded through state contracts, foundation grants, and individual donations. 1101 Hauck Drive 573-368-2849	https://www.thecommunitypartnership.org/

Employment

The National Hire Network	National		https://www.lac.org/major-project/national-hire-network
Career Center	Kirksville, MO	660-785-2400 2105 E Normal St. Kirksville, MO 63501 Services Offered: Automated job match. resume service, labor market information, veteran services, vocational/employment counseling, apprenticeship information, America's job bank, proficiency testing, Job Corps, Trade Adjustment Assistance, North American Free Trade Agreement Transitional Adjustment Assistance (NAFTA-TAA)	www.jobs.mo.gov/jobsseeker/find-a-career-center/kirksville-career-center
GAMM/WIOA Programs	Labelle, MO	660-213-3221 103 S 3rd St. Labelle, MO 663447 Services offered: Skills training in vocational training programs, career exploration, vocational testing or counseling. Updating job-search skills, resume writing, or updating services, support services for home based of micro-businesses. Paid work experience opportunities. Hi-Set (GED), Youth services (up to age 25), Tuition assistance, Dislocated worker	
Vocational Rehabilitation	Kirksville, MO	60-785-2550 1612 N Osteopathy # B, Kirksville, MO 63501 Services offered: Pre-employment transition services for high school students with disabilities. Vocational exploration to	

		<p>determine what services are required for you to become employed. Guidance in choosing suitable employment. Individual counseling during the rehabilitation process/ Time-limited physical or mental restoration services that can assist you in obtaining employment. Vocational training to prepare you for employment. This could include tuition/fees as well as books/supplies for education in a college, university, trade school, community, rehab program or on-the-job training program. Supported and/or customized employment. Transition costs necessary for you to participate in a training program. Job-related tools and licenses for you when you are ready to go to work. Help in developing job-seeking skills. Assistance in finding a job in a competitive, integrated setting.</p>	
<p>Experience Works</p>	<p>Buffalo, MO</p>	<p>PO Box 414 Buffalo, MO 65622 Phone: 417-345-2797 Toll Free: 800-368-7569 Email: moew@positech.net</p> <p>Hours: 8:00 AM - 4:30 PM M-F</p> <p>Experience Works is a national non-profit organization that operates a Senior Community Service Employment Program (SCSEP) under Title V of the Older Americans Act.</p>	

		<p>Developing part-time work opportunities in community service employment for eligible older Americans, and placing participants in these positions is also a service provided through Experience Works.</p>	
Gamm, Inc - Workforce Investment Act	Missouri	<p>1212 W Hwy 24 Moberly, MO 65270 Phone: 263-3848 or 1-800-704-1179 Email: gammbp@socket.net Hours: 8:30 aM - 4:30 PM M-F</p> <p>Gamm, Inc. and WIA services are available to economically disadvantaged, the dislocated worker, and the underemployed to assist individuals entering the labor force and/or upgrade current employment that will lead to self-sufficiency.</p>	https://gamminc.org/
Job Point	Moberly, MO	<p>1212 Hwy 23 West Moberly, MO 65270 Phone: 263-4039 Hours: 8:00 AM - 5:00 PM M-F</p> <p>Job Point is Missouri's premier employment center and community development corporation, fully accredited by the Rehabilitation Accreditation Commission (CARF). Since 1965, we have been linking people and jobs by providing education, training and employment assistance. They specialize in preparing individuals to enter the workforce, while meeting a</p>	https://www.jobpoint.org/locations/

		critical need of the business community. They are proud of the expertise of our staff and the results they achieve. Customer satisfaction at 97% is their number one priority, with personal attention as their specialty.	
Missouri Career Center Workforce Development	Moberly, MO	1212 W Hwy 24 Moberly, MO 65270 Phone: 263-5850 Hours: 8:00 AM - 4:00 PM M-F Services Offered: employment placements/referrals, labor market information, job corps program, ALEX, resume preparation, typing and corrections officer testing, limited internet access, etc.	
NEMO Workforce Investment Board	Paris, MO	111 East Monroe Paris, MO 65275 Phone: 660-327-5125	
New Traditions	Moberly, MO		https://www.macc.edu/new-traditions/
Vocational Rehabilitation	Columbia, MO		Vocational Rehab.pdf
Missouri Work Assistance Program	Missouri	MWA program offers employment and training assistance to individuals receiving cash payments through Temporary Assistance to Needy Families (TANF). Services provided include: - Assistance with job leads, resume writing, interviewing	https://www.stlouis-mo.gov/government/departments/slate/slate-mo-career-center/Welfare-Transition-Program.cfm

		<p>skills, and GED preparation</p> <ul style="list-style-type: none"> - On-the-job training - Transportation assistance - Vocational Education - Child care <p>Call 314-657-3589 to get services.</p>	
Career Seeker Programs and Services	Missouri	<p>The Saint Louis County Division of Workforce Development provides career seekers with job opening information, resume preparation, career search seminars, career assessment, career exploration, Internet access for career search activities, computers and reference materials to make your career search easier. In addition, to a variety of training programs that include:</p> <ul style="list-style-type: none"> -Adult Education and Literacy/GED -Career Seeker Services -AARP -Dislocated Worker -Ex-Offender Services -Resource Areas -Trade Adjustment Assistance -Unemployment Insurance -Veteran Services -Youth Services <p>Missouri Career System is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Call 314-381-6700 for additional information on our programs and services.</p>	<p>https://stlouiscountymo.gov/st-louis-county-departments/human-services/workforce-development/job-seeker-services/#:~:text=Career%20Seeker%20Services,your%20on%2Dline%20job%20search.</p>

Job Board	Farmington, MO	The City of Farmington will not discriminate against any applicant or employee based on race, creed, color, national origin, sex, gender, age, religion, veteran status, disability, or sexual orientation.	https://www.farmington-mo.gov/job-postings
Employment Opportunities	Rolla, MO	This page contains posted job openings for all Departments of the City. Applications are only accepted for the jobs listed below and can be obtained according to the directions in each job posting.	https://www.rollacity.org/employment.shtml
Employment Opportunities	Poplar Bluffs, MO	Use the Government Jobs tab to search through your municipality's employment opportunities.	https://www.poplarbluffs-mo.gov/Jobs.aspx
MERS/Goodwill Farmington Career Center	Farmington, MO	Job placement, job readiness training and vocational evaluation services. Specializing in assisting individuals and families with barriers to employment. 400 N. Washington St., Suite 202, Farmington (573)-756-1773	https://mersgoodwill.org/
St. Louis Agency on Training and Employment	St. Louis, MO	SLATE Missouri Job Center is well-known for assisting unemployed St. Louisans to find jobs and provide a variety of educational, training, and support services to job seekers of all ages, abilities, and career paths. Our office in the heart of downtown St. Louis invite workers at every career level to earn educational credentials, learn new skills, join in workshops, prepare	https://www.stlouis-mo.gov/government/departments/slate/slate-mo-career-center/index.cfm

		for interviews, and navigate employment systems at no cost to them. Whether looking to move up the ladder, or switch career tracks, SLATE has services for YOU!	
Employment Connection	St. Louis, MO	Employment Connection is a nonprofit St. Louis community asset that breaks down barriers to self-sufficiency for individuals with limited opportunities including the homeless, ex-offenders, U.S. veterans, high school dropouts, women on welfare, and at-risk youth. Offering more than just a job, Employment Connection provides valuable resources, training, and support to inspire and empower clients to change their circumstances and become employed.	https://www.employmentstl.org/

Families and Loved Ones

Al-Anon: Hope for Families and Friends of Alcoholics	National	Al-Anon and Nar-Anon are free 12-Step peer support groups for families and loved ones of individuals with substance use disorders. There are free meetings every day across Missouri.	https://al-anon.org
Nar-Anon: Help for Families and Friends of Addicts	National	Al-Anon and Nar-Anon are free 12-Step peer support groups for families and loved ones of individuals with substance use disorders. There are free meetings every day across Missouri.	https://www.nar-anon.org/

National Alliance on Mental Illness (NAMI): List of Resources	Missouri and National	NAMI (or, the National Alliance on Mental Illness) is an organization with a Missouri chapter to support families of individuals with mental illness. They also provide information and support groups for people living with mental illness and for family members of people with mental illness. They also have a WARMLine where people dealing with mental illness can call and receive words of encouragement and compassion by other mental health consumers.	https://namimissouri.org/about-nami-missouri/
Family Support Division	Farmington, MO	Food stamps, medicaid, temporary assistance, child care assistance. 140 Staples Dr., Park Hills, MO (855)- 373- 4636	https://dss.mo.gov/cd/office/stfrancios.htm
Phelps County Family Support Division	Rolla, MO	Phelps County Family Support Division is a local county social services office. This office can provide single mothers with assistance if you need child care subsidies and assistance. 1111 Kingshighway, Suite A Rolla, MO - 65401 (573) 368-2340	https://www.singlemoassistance.org/details/phelps_county_family_support_division_65401

Family Support Services

Family Support Services	Springfield, MO	Different support services for families in Springfield, MO	Family Support Services - Springfield.pdf
-------------------------	-----------------	--	---

Family Services	Kirksville, MO	660-785-2440 1612 N. Osteopathy St. Suite A, Kirksville, MO 63501 Services Offered: Healthcare, childcare, food assistance, child support, blind services, temporary assistance	https://dss.mo.gov/cd/ office/adair.htm
Randolph County Family Support and Children's Division	Moberly, MO	1317 E. Hwy 24, Suite B PO Box 857 Moberly, MO 65270	
ParentLink Warmline	Farmington, MO	Supports parents, relatives and providers by offering problem solving support, resource based information and referrals to services. Monday-Friday 8am-5pm, Saturday-Sunday 12-5pm. Also offering ASQ (free development screenings) (800)-552-8522 (573)-882-7323	
Abundant Blessings	Rolla, MO	Abundant Blessings provides foster, adoptive, kinship and referred families with clothing as well as other items from cribs to car seats and more. 1421 Forum Dr Suite A-2, Rolla, MO 65401 Phone: (573) 684-3783	https://www.hopeallia nceofmissouri.org/abu ndant-blessings
Family Support Division	Poplar Bluff, MO	The Missouri Department of Social Services' Family Support Division can help with food stamps, health care, child care, child support, and other needs as they support their mission to maintain and strengthen Missouri families.	https://www.dcoffices .org/office/poplar- bluff-resource-center

		<p>Poplar Bluff Resource Center Location 1903 Northwood Drive Poplar Bluff, MO - 63902</p> <p>Contact Info Phone: (855) 373-4636</p>	
Vaccines for Children Program	Missouri	The Vaccines for Children program is funded by the Centers for Disease Control and Prevention and provides free vaccines to children who qualify. All vaccines recommended by the Advisory Committee on Immunization Practices and approved by the Centers for Disease Control and Prevention and Health and Human Services are provided, at no cost, to participating medical providers.	https://health.mo.gov/living/wellness/immunizations/vfc-providers.php
Alcoholics Anonymous (AA) for Families	Branson West, MO	Claybough Plaza, 11016 East State Highway 76, Branson West, MO 65737 Phone: 417-272-8410 Hotline:1-800-392-3738 Time: Wednesdays at 7pm	https://al-anon.org/

Financial Assistance

H.O.P.E. Foundation	Springfield, MO	Financial Assistance with pediatric emergencies 417-316-3216	www.askforhope.org
Crosslines Community Resources Center	Springfield, MO	The agencies assists with services such as food, hygiene, and clothing. 417-869-0563	https://ccoarks.org/programs/crosslines/

OACAC	Springfield, MO	This agency assists with housing assistance, weatherization, utility assistance, head start, and family planning. 417-862-4314	https://oac.ac/
TANF	Missouri	The Temporary Assistance for Needy Families program, also known as Temporary Assistance (TA), is a program designed to provide cash benefits to low-income families for the household's children such as clothing, utilities and other services. Upon approval of TA, the recipient must participate in employment and training services through the Missouri Work Assistance (MWA) program. The MWA program helps TA recipients transition from TA to a job by helping set goals and get the skills needed to find a job and support the recipient's family.	https://mydss.mo.gov/temporary-assistance
TANF	Illinois	The Temporary Assistance for Needy Families (TANF) program provides temporary financial assistance for pregnant women and families with one or more dependent children. TANF provides financial assistance to help pay for food, shelter, utilities, and expenses other than medical.	http://www.dhs.state.il.us/page.aspx?item=30358
Hope Alliance	Rolla, MO	HOPE Alliance of Missouri is a not-for-profit 501(c)(3) company dedicated to helping those in Phelps	https://www.hopeallianceofmissouri.org/?fbclid=IwAR2UxaYu9aWliePwZ6C2hPvcMyXw7qO

		County, MO and the surrounding areas who face obstacles due to the lack of financial resources.	8Nr5uF-QB-CPtUUcapMfyXH5aTMc
St. Vincent de Paul	Poplar Bluff, MO	Address: 213 S Broadway St, Poplar Bluff, MO 63901 Phone: (573) 686-1948 Days/Hours: Monday – Wednesday, 9am – 4pm Services Provided: \$100 assistance paid directly to landlord or utility company Audience: Eligible only 1x every 6 months and 6x ever	
Bonne Terre Food Pantry of the St. Vincent De Paul Society	Farmington, MO	This agency provides food and other aid to families and individuals who are in need of help. A referral is needed from the East Missouri Action Agency to access services and resources. (573) 358-2112.	https://www.needhelp-payingbills.com/html/st-francois_assistance_progra.html
Society of St. Vincent de Paul	St. Louis, MO	Connection to get help with Rent, Utilities, and/or Food. The Society of St. Vincent de Paul – Archdiocesan Council of St. Louis, a Catholic volunteer organization, leads individuals to join together to offer person-to-person service to the poor and the suffering of all faiths.	https://svdpstlouis.org/get-help/request-help-conference-finder
Need Help Paying Bills	Missouri	A list of websites, grants, any other sources of financial aid for people who live in Missouri.	https://www.needhelp-payingbills.com/html/missouri_assistance_programs.html
Money Fit	Missouri	Money Fit offers help to households in financial crisis as well as individuals, couples, college students, seniors, and all others hoping to find trusted	https://moneyfit.org/low-income/missouri-resources

		educational and counseling programs for their personal finances. From debt reduction and credit building to budgeting and saving for emergencies, Money Fit is a nationwide nonprofit resource for consumers to turn to for trusted guidance and help on the road to their financial goals.	
Rent Assistance	Missouri	An online directory of rental assistance programs in Missouri.	https://www.rentassistance.us/st/missouri
Low Income Home Energy Assistance Program	Missouri	LIHEAP helps low income households meet their immediate energy needs. It can mainly help those who spend a large amount of their household income on energy bills. Eligibility requirements for the Low Income Home Energy Assistance Program (LIHEAP) are based on income, household size, available resources and responsibility for payment of home energy costs.	https://mydss.mo.gov/utility-assistance
Internet and Computer Financial Subsidy	National	The Affordable Connectivity Program is a Federal Communications Commission (FCC) program that provides a temporary \$30 subsidy on monthly broadband (internet service) bills for qualifying low-income households.	https://www.everyone.org/find-offers

Food Pantries

Food Pantries	Springfield, MO	16 food pantries in the Springfield, MO area!	Food Pantries - Springfield.pdf
Food Pantries	Hannibal, MO	A list of local food pantries within the Hannibal area.	https://sharefoodbringer.org/agencies/marion
Food Pantries	Kirksville, MO	List of food pantries in Kirksville, MO	Kirksville Food Pantries.pdf
Food Pantries	Moberly, MO	Moberly food pantries!	Food Pantries.pdf
Food Pantries	Festus, MO	<p>FIRST UNITED METHODIST CHURCH 113 Grand Avenue Festus, MO 63028-1840 Phone: 636-937-6205 HOURS: Tuesday 9 a.m. – noon SERVES: Residents of Festus/Crystal City only please. Residents may use the pantry once every two months and must show proof of residency and ID.</p> <p>RADIANT LIFE CHURCH 11533 Gamel Cemetery Road Festus, MO 63028 Phone: 636-937-0800 Monthly distribution on the third Tuesday from 6:00 – 7:00 p.m. Call to sign up by the Friday before.</p> <p>OZARK FOOD PANTRY #1 Sunset Park Festus, MO 63028 Phone: 636-933-9974 Saturdays: 8:30 a.m. - 11:00 a.m. SERVES: Festus, Crystal City, Hematite, Herculaneum, Horine and Pevely.</p>	

<p>Focus Gateway City Food Pantry and Clothing Closet</p>	<p>St. Louis</p>	<p>Focus Gateway City holds a food pantry and clothing closet simultaneously twice a month for those in need. They serve canned foods, fresh produce, and other items.</p> <p>Services offered: - Food pantry - Clothing closet</p> <p>Please visit us for services. No documentation required. We only ask for name at the end for tracking purposes. Our address is 1901 Ann Ave. 63104. 1901 Ann Avenue, St. Louis, MO 63104 Phone: 314-776-4205 Notes: The food pantry and clothing closet are held every 2nd and 4th Wednesday of the month.</p>	<p>https://gatewaycity.foc.usna.org/</p>
<p>Samaritan UMC Central West End Food Pantry</p>	<p>St. Louis, MO</p>	<p>Samaritan UMC addresses the needs of low-income individuals and households that lack a reliable access to affordable, nutritious food and may experience hunger on a regular basis.</p> <p>We support residents by providing: - Nutritious foods</p> <p>Address: 4234 Washington Boulevard St. Louis, MO 63108</p>	<p>http://samaritanumc.com/?page_id=100</p>
<p>Grace United Methodist Church Food Pantry</p>	<p>St. Louis, MO</p>	<p>Our Food Pantry addresses the needs of low-income individuals and households that lack a reliable access</p>	<p>https://www.graceumc-stl.org/get-involved#MissionandService</p>

		<p>to affordable, nutritious food and may experience hunger on a regular basis.</p> <p>We support residents by providing:</p> <ul style="list-style-type: none"> - Nutritious foods <p>Address & Phone Number: 6199 Waterman Boulevard St. Louis, MO 63112 314-863-1992</p>	
St. Vincent de Paul Food Pantry	Poplar Bluff, MO	<p>Poplar Bluff, MO 63901 (573) 686-1948 Hours: Mon-Wed; 1-4pm, Tue; 9am–12pm</p>	<p>https://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=14302</p>
The Mission Food Pantry	Rolla, MO	<p>The Mission 708 Main St. Rolla, MO 65401 -Meals Served- Daily 10 a.m. - 6 p.m.</p>	<p>https://www.therollamission.org/</p>
St. Anthony's Food Pantry	St. Louis, MO	<p>Contact: Robert Telthorst & Sr. Marie Phone: (314) 352-1460 In the church basement (3130 Meramec St.); entrance at the back end of the parking lot. Provides food and clothing for the neighborhood needy from zip codes 63118, 63111, 63116: Mondays & Thursdays from 10 AM – Noon, and Wednesdays from 4:00 PM – 6:00 PM. Please bring a photo ID and a bill or legal document with current address. Legal assistance available the 4th Thursday of the month; appointments are needed so please call.</p>	<p>http://www.stanthonyofpaduastl.com/outreach-ministries/</p>
Affton Christian Food	St. Louis, MO	A food pantry located in	<p>https://afftonchristianf</p>

Pantry		Affton, MO. Photo ID, Proof of Residency in 63123, Paycheck Stub, Food Stamps paperwork (if applicable), and Medicare/Medicaid or Social Security documents required. Located at 4960 Hegge Rd. Affton, MO 63123	oodpantry.com/need-help
Bi-State Pet Food Pantry	St. Louis, MO	Can provide pet food for families going through hardship, must apply via link on website. Phone: 314-596-2128 Address: 4015 Papin, St. Louis, MO 63110.	https://bi-statepetfoodpantry.org/need-help/application-for-assistance/

Food Stamps Application

Family Support Division (FSD) of Missouri Department of Social Services	Missouri	The Family Support Division (FSD) helps individuals and families with accessing food stamps, health care, child care, child support, and other needs in an effort to maintain and strengthen Missouri families.	https://mydss.mo.gov/
---	----------	---	---

General Healthcare

General Healthcare	National and Missouri	3 National and 1 MO healthcare resources	
Health Department	Kirksville, MO	660-665-8491 1001 S Jamison St. Kirksville, MO 63501 Services Offered: food permits and WIC	https://adair.lphamo.org/

		nutritional services, STD testing/family planning, communicable, disease testing, immunizations (child, adult, travel), health screenings, TB testing, sports physicals, pregnancy testing, injections, public health education and referral, temporary medicaid, home health nursing, and therapy services, vital records (birth/death certificates), lab screenings, lead testing	
Kirksville Satellite Regional Office	Kirksville, MO	660-785-2500 1720 LaHarpe St. Kirksville, MO 63501 Services Offered: services for individuals with developmental disabilities. services are available dependent upon available funding.	www.dmh.mo.gov
Poison Control	National	800-222-1222	https://www.poison.org/
Wellness Clinic	Kirksville, MO	660-626-0441 Open on Thursdays	
Homecare of Mid-Missouri	Moberly, MO		https://homecaremidmo.com/
Moberly Regional Medical Center	Moberly, MO		https://www.moberlyregionalmedicalcenter.com/
Randolph County Health Department/Home Health Care	Moberly, MO		https://randolphcountyhealth.org/home-health-services
MO Department of Health and Senior Services	Moberly, MO		https://health.mo.gov/

Senior American center	Moberly, MO		Senior American Center.pdf
Health Insurance Assistance and Advocacy	St. Louis, MO	<p>KindHealth will help you find the correct health insurance plan to suit your needs. If you acquire your plan through us, we can provide continuous advocacy to ensure you're paying no more than you need to.</p> <p>Services provided include:</p> <ul style="list-style-type: none"> - Assistance acquiring health insurance - Advocacy and support with finding bill errors, scheduling appointments, and more <p>Call 888-871-3864 to get services.</p>	https://www.kindhealth.co
Highlands Medical	Poplar Bluff, MO	<p>Phone: (573) 785-6536 Days/Hours: Monday – Friday, 8:30am – 5pm Services Provided: Low cost medical (family practice) care. \$20 – \$65/visit depending on income. Audience: Proof of income (tax return, 2 pay stubs) must be provided to determine cost.</p>	https://www.mohigh.org/missouri-highlands-medical-clinic/
Your Community Center	Rolla, MO	<p>Your Community Health Center has been providing quality healthcare in Mid-Missouri since 2014. YCHC staff, providers, and administration are committed to Your Community, Your Health. We proudly serve over</p>	http://www.your-chc.org/

		5,000 patients in Phelps, Dent, Maries, Crawford, and Pulaski counties.	
St. Francois County Health Center	Farmington, MO	Our mission at St. Francois County Health Center is to promote and protect the health and welfare of the public. We are dedicated to serving the residents in St. Francois through health services, education, and regulation.	http://sfchc.org/
Gateway to Better Health	St. Louis, MO	Gateway to Better Health is a temporary health care program for uninsured adults in St. Louis City and County. The program is designed to provide uninsured adults a bridge in care until they are able to enroll in health insurance coverage options available through the Affordable Care Act. Gateway to Better Health is sponsored by the Missouri Department of Social Services in partnership with the St. Louis Regional Health Commission. For more information, please call the Gateway to Better Health call center at 1.888.513.1417.	https://stlgbh.com/programoverview
Show Me Healthy Women	Missouri	Show Me Healthy Women (SMHW) offers free breast and cervical cancer screenings for Missouri women who meet age, income and insurance guidelines.	https://health.mo.gov/living/healthcondiseases/chronic/showmehealthywomen/index.php

Government and Community Resources

UnitedWay/211: Nationwide Resource Connector	National		http://www.211.org/
Start Here STL: List of Resources in St. Louis	St. Louis, MO		https://www.startherestl.org/
Washington University Early Recognition Center: List of Resources	St. Louis, MO		http://werc.wustl.edu/ Home/CommunityResources
Mercy Neighborhood Ministry Resources	Missouri		https://www.mercy.net/ /practice/mercy- neighborhood- ministry/mercy- neighborhood-ministry- resources/
North East Community Action Corporation	Hannibal, MO	NECAC enrolls individuals in agency-sponsored life skills courses such as pre-employment, budgeting, energy conservation, and building strong families. NECAC provides networking through programs that allow people to better themselves and their hometowns. Marion Co Service Center 3518 Palmyra Road Hannibal MO 63401 (573) 221-7166 (573) 221-7196	https://necac.org/services/community-services#
Douglass Community Services	Hannibal, MO	Douglass Community Services is a private agency within Hannibal that sponsors programs such as Head Start, Community Outreach Initiatives, Court Appointed Special Advocates, Kids in Motion, Emergency Food Pantry,	http://www.douglassonline.org/community-support-services/

		monthly commodity foods distribution, Utility assistance, etc.	
Kirksville License Bureau	Kirksville, MO	660-665-0292 105 W Potter Ave, Kirksville, MO 63501	
Medicare	National	800-633-4227	www.medicare.gov
Probation & Parole	Kirksville, MO	660-785-2430 516 S Main Street, Kirksville, MO 63501	
Social Security Administration	Kirksville, MO	800-772-1213 or 888-386-2705 1305 Crown Drive, Kirksville, MO 63501	
Probation & Parole	Moberly, MO	1150 S Morley Moberly, MO 65270 Phone: 263-3762 Hours: 8:00 AM - 5:00 PM M-F	
Moberly License Office	Moberly, MO		Moberly License Office.pdf
Moberly Fire Department	Moberly, MO		Moberly Fire Dept.pdf
Randolph County Fire Departments	Moberly, MO		Randolph County Fire Departments.pdf
Health and Hope Ministries	Moberly, MO		Health & Hope Ministries.pdf
Moberly Area Economic Development Corporation	Moberly, MO		Moberly Area Economic Development Corporation.pdf
Moberly Parks and Recreation	Moberly, MO		Moberly parks and rec.pdf
Social Security Administration	Columbia, MO		SSA.pdf
US Postal Service	Moberly, MO		Moberly USPS.pdf

Jefferson County Community Partnership (JCCP)	Festus, MO	JEFFERSON COUNTY COMMUNITY PARTNERSHIP (JCCP) 3875 Plass Road, Bldg. A	http://www.iccp.org
Alumni Support Program	St. Louis, MO	Alumni Support Program offers up to 8 years of support services for clients after they exit the Transitional Living Program. The services provided to Alumni through the Alumni Support Program include case management, progress checks, child care tuition assistance, tutoring and assistance with transportation expenses. Alumni are also invited to social and recreational events and life skills classes at Almost Home. For more information about this program please call (314) 771-4663.	
Government Contact Guide	Farmington, MO	City policy is set by the Mayor and eight publicly-elected City Council members that represent Farmington's four Wards. The City Administrator works closely with the City Clerk, City	https://www.farmington-mo.gov/faqs
Government Directory	Poplar Bluff, MO	Search the government staff directory at the link below.	https://www.poplarbluff-mo.gov/directory.aspx
County Office Directory	Rolla, MO	Search county office contact information at the link below.	http://www.phelpscounty.org/directory/

Health Facilities

Health Facilities	Springfield, MO	9 health facilities in Springfield, MO. Lists the addresses, phone numbers and hours.	
Urgent Care	Kirksville, MO	660-665-7575 1611 S Baltimore Street, Kirksville, MO 63501 Open from 8:00 AM to 8:00 PM 365 days/year	https://www.cfmcares.com/
Veteran's Clinic	Kirksville, MO	660-627-8387 506 Rosewood Drive, Kirksville, MO 63501	
Area Agency on Aging	Kirksville, MO	660-627-8387 506 Rosewood Drive, Kirksville, MO 63501	http://www.nemoaaa.com/
Adair County SB40/Development Disability Board Service Coordination	Kirksville, MO	660-665-9400 1107 Country Club Drive, Kirksville, MO 63501 Services Offered: service coordination and funding for supports and services related to developmental disabilities	https://www.sb40life.org/
Adair County SB40/Development Disability Board Service Coordination	Kirksville, MO	660-665-9400 1107 Country Club Drive, Kirksville, MO 63501 Services Offered: service coordination and funding for supports and services related to developmental disabilities	https://www.sb40life.org/
St. Francis Health Care Urgent Care	Farmington, MO	In everything we do at Saint Francis Healthcare System, we focus on helping you live your best life. By designing safe, high-quality care, each detail is carefully thought out to deliver an unparalleled patient experience, every time.	https://www.sfmc.net/group/saint-francis-clinic-farmington/

Phelps Health Medical Clinic and Hospital	Rolla, MO	Phelps Health is open, safe and ready to help you and your family with all of your healthcare needs. Address: 1000 West 10th Street Rolla, MO 65401 Phone: (573) 458-8899	https://phelpshealth.org/
Regional Medical Center	Poplar Bluff, MO	Located in the heart of southeast Missouri, Poplar Bluff Regional Medical Center encompasses two hospitals and numerous health care service facilities, including cancer treatment centers and physical therapy and rehabilitation facilities. Poplar Bluff Regional Medical Center 3100 Oak Grove Rd Poplar Bluff, MO 63901 (573) 785-7721	https://www.pbrmc.com/

Hot Meals

Hot Meals	Springfield, MO	Different locations in Springfield, MO where you can receive hot meals. Phone numbers, location, and hours are included.	Hot Meals - Springfield.pdf
Food Pantry and Soup Kitchen Listing	Farmington, MO	Below are all of the Emergency Food Programs provided through Food Pantries and Soup Kitchens in Farmington, Missouri and surrounding cities.	https://www.homelessshelterdirectory.org/cgi-bin/id/cityfoodbanks.cgi?city=Farmington&state=MO
Bread Shed	Poplar Bluffs, MO	A free, restaurant-style hot meal is served every Sunday from 12:30-2:00pm	https://www.breadshed.org/breaking-bread-sunday-meal/

		at the Bread Shed in Poplar Bluff. This meal is for the entire community. Everyone is welcome!	
Phelps County Father Distribution	Rolla, MO	Phelps County Faith Distribution serves the Phelps County area except those who live in the St. James School District. St. James School District patrons are served from the St. James Caring Center food distribution. Call 573-265-2047 for more information. Those living outside Phelps County, click here for a list of food pantries in other Missouri counties. Our location is 12640 U.S. Highway 63 south in Rolla (Grace Church), just north of the Central Missouri Fairgrounds.	https://www.phelpscountydreamcenter.org/

Housing Services

Housing Assistance	Springfield, MO		Housing Assistance-Springfield.pdf
Lifeshouse Crisis Maternity Home	Springfield, MO	Housing for Pregnant Women 417-720-4213 424 E Monastery St. Springfield, MO 65807	https://www.ccsomo.org/
Apartments	Springfield, MO	Affordable Leasing/ Some or All Utilities Included Felony Friendly Low Income/ Income Based	
Shelters	Springfield, MO	Shelters in the Springfield, MO area.	

Homeless Shelter	Hannibal, MO	A list of local homeless shelters within the local area of Hannibal.	https://www.homelessshelterdirectory.org/cgi-bin/id/shelter.cgi?shelter=13792
Callyn Heights (Section 42)	Kirksville, MO	660-216-1529 712 W Elizabeth St. Kirksville, MO 63501	https://kirksvillehousingauthority.org/
Kirksville Housing Authority (Section 8 and Low Rent)	Kirksville, MO	660-665-8539 100 Valley Forge Drive, Kirksville, MO 63501 Email contact: patti@kirksvillehousingauthority.org	https://kirksvillehousingauthority.org/
Kirksville Heights (Private Section 8)	Kirksville, MO	660-665-0088 2400 S Baltimore St. Kirksville, MO 63501	https://kirksvilleheights.com
Scotland County Public	Kirksville, MO	660-465-7281	
Travelers Hotel (income-based)	Kirksville, MO	660-665-2905 301 W Washington, Kirksville, MO 63501	
List of income-based housing locations	Kirksville, MO	Kirksville Apartments, Kirksville Village, Kirksville Estates, Kirksville Gardens, Baltimore Meadows, Vista Heights, Field Arms, University Square	
Moberly Housing Authority	Moberly, MO	Moberly Housing Authority.pdf	
Residential Care Facilities	Moberly, MO	Residential Care Facilities	
Services for Independent Living	Columbia, MO	1401 Hathman Pl, Columbia, MO 65201 573-874-1646	Services for Independent Living.pdf
Affordable Housing Locator	Missouri	This locator will find affordable housing near your city or zipcode	http://ahl.mhdc.com/

Housing for Individuals with a Felony Conviction	Statewide		https://healthbehaviorcenter.wustl.edu/housing-resources-for-individuals-with-felony-records/
St. Louis Dream Center Genesis Mens Home	St. Louis, MO	<p>Genesis Men’s Home purpose to facilitate life transformation through a 12-month residential discipleship program for adult men ages 18 and up. Our aim is to help them in their struggle with drugs, alcohol, abuse, anger, rebellion, depression and any other life-controlling problem.</p> <p>For more information, call us at 314-381-0700.</p> <p>4324 Margaretta Ave St. Louis, MO 63115 Phone: 314-381-0700 Fax: 314-381-0400 Website: http://stldreamcenter.org</p>	https://stldreamcenter.org
Low Income Housing	Farmington, MO	Orchard View Apartments 1310 Hazel Lane Farmington, MO - 63640	https://www.lowincomehousing.us/MO/farmington.html
Low Income Housing	Poplar Bluff, MO	Below is the listing of 9 affordable apartments and low-income housing in Poplar Bluff, MO.	https://housingapartments.org/missouri-rentals/poplar-bluff-mo-city
Low Income Housing	Rolla, MO	5 Low Income Apartment complexes in or near Rolla, MO	https://www.publichousing.com/city/mo-rolla
Homeless Shelter Directory	St. Louis, MO	Homeless Shelter Directory provides other homeless resources such as transitional resources	https://www.homelessshelterdirectory.org/city/mo-st-louis

		<p>for the homeless. Homeless clinic and treatment center resources are also provided on the right navigational bar. Many shelters also provide services such as alcohol and drug rehab treatment along with clinics</p>	
Better Family Life	St. Louis, MO	<p>EACH YEAR, BFL SERVES MORE THAN 50,000 LOW INCOME CHILDREN AND ADULTS, INCLUDING THE UNDEREMPLOYED, UNEMPLOYED AND SKILL-DEFICIENT WITH A VARIETY OF PROGRAMS - ECONOMIC, HOUSING, WORKFORCE DEVELOPMENT, EDUCATIONAL, YOUTH, SOCIAL, CULTURAL AND ARTISTIC.</p>	<p>https://www.betterfamilylife.org/</p>
Start Here Transitional and Sober Living Directory	St. Louis, MO	<p>WELCOME TO THE START HERE ST. LOUIS AREA RESOURCE DIRECTORY. This website provides general information, street addresses, phone numbers and websites for dozens of agencies, shelters, employment resources, food pantries and other organizations throughout the St. Louis area.</p> <p>Transitional Housing locations vary in their policies. Some take women and children only, others take families that include men, but not single men without children. We've tried to</p>	<p>http://www.startherestl.org/housing.html</p>

		<p>specify, but you can always call or check the website of the organization for more information. Many of these agencies require a referral from the Housing Helpline. Call 314/802-5444. There is also a link for sober living housing directory in St. Louis on this website.</p>	
Healing House	Kansas City, MO	<p>Healing House 4505 St. John Ave., Kansas City, MO 64123 (816) 216-7395 • www.healinghousekc.org Recovery housing Recovery Support / Recovery Program Detox and Treatment Placement assistance</p>	<p>www.healinghousekc.org</p>
Angels of Mercy	Kansas City, MO	<p>Angels of Mercy PO Box 287679, Kansas City MO 64128 (816) 437-7349 • www.angelsofmercyrh.org Transitional living for single women who have had issues with substance use or domestic violence Cost: \$420/month; \$75 deposit. After first month, 10% of income goes into savings that will be made available upon leave program</p>	<p>http://www.angelsofmercyrh.org/</p>
Benilde Hall	Kansas City, MO	<p>Benilde Hall 3220 E 23rd Street Kansas City, MO 64127 (816) 842-5836 • www.benildehall.org Transitional housing for men</p>	<p>www.benildehall.org</p>

		<p>Outpatient substance use treatment, psychiatric services, medication management, case management, medical assistance, and transportation support</p> <p>Accepts Medicaid and uninsured adults</p>	
COPS KC	Kansas City, MO	<p>COPS KC 3800 Agnes Ave, Kansas City, MO 64128 (816) 923-9212 • www.copsakc.com</p> <p>Transitional housing for men</p> <p>Outpatient substance use treatment and recovery support services</p> <p>Accepts Medicaid and uninsured adults</p>	<p>https://www.copsakc.com/</p>
Footprints Recovery Services	Kansas City, MO	<p>Footprints Recovery Services 4501 Troost Ave, Kansas City, MO 64110 (816) 561-0567 •</p> <p>www.kcfootprints.org</p> <p>Transitional housing for veterans and women</p> <p>Outpatient substance use treatment and peer recovery support services available</p> <p>Accepts Medicaid and uninsured adults</p>	<p>www.kcfootprints.org</p>
Maple Street House	Independence, MO	<p>Maple Street House 11330 E. Truman Rd., Independence MO 64050 (816) 886-5010</p> <p>Sober living for males</p> <p>Required to participate in AA meetings</p> <p>Cost: \$110/week, must have the first two weeks of rent upon move-in</p>	

Welcome Home	Kansas City, MO	<p>Welcome House 1414 E. 27th Street, Kansas City MO 64109 (816) 810-0033 • www.welcomehousekc.org</p> <p>Sober living for males 21 Required to participate in 12 step program Cost: \$168/week</p>	www.welcomehousekc.org
Madison County Homeless Hotline	Madison County, IL	<p>Confidential, free hotline to provide information about food pantries and clothing resources, emergency shelters, housing assistance, crisis, advice, support, and referrals. 618-296-5300 Mon-Fri 8:30a.m. to 4:30p.m. (leave a message 24/7)</p>	https://uwgkc.myresourcedirectory.com/index.php?option=com_cpx&task=resource.view&id=2965832&search_history_id=170668306&code=BH-
St Vincent de Paul Overnight Shelter	East St. Louis, IL	<p>Open nightly - 7pm to 7am - resource center is open from 8am to 4pm and can help with ID. Homeless verification letter to be able to qualify housing assistance and prove homelessness for up to a year (could be signed by police officer or community agency). Homeless Hot Line to get on a referral list. Address: 3718 State St East St Louis, IL 62203 Phone: 618-646-9060 Call central intake at (618) 825-3330</p>	
Holy Angels - (single women with children)	East St. Louis, IL	<p>Shelter for single women with kids. Address: 1410 North 37 St., East St. Louis, IL 62204</p>	https://catholicurbanprograms.org/human-services-office/

		Phone: 618-398-5616 Call central intake at (618) 825-3330	
Catholic Urban Programs - Emergency Motel Program	Belleville, IL	Phone: 618-398-5616	
Apartments in St. Louis (for Families)	St. Louis, MO	List of apartments for families living or looking to move to St. Louis	https://healthbehaviorcenter.wustl.edu/housing-in-st-louis-mo-family/
Apartments in St. Louis (For Elderly and Others)	St. Louis, MO	List of apartments in St. Louis for elderly and other individuals	https://healthbehaviorcenter.wustl.edu/housing-in-st-louis-mo-elderly-and-others/
Housing Assistance		The Section 8 Housing Program offers rental assistance in existing houses, mobile homes, and apartments. Units approved for the program must meet minimum Housing Quality Standards and reasonable rent.	https://www.jfcac.org/housing.html
Affordable Housing in Branson and Nearby Areas	Branson, MO	Affordable housings in Branson and nearby areas. Also includes housing for seniors	https://healthbehaviorcenter.wustl.edu/affordable-housing-in-branson/
Additional Affordable Housing in Branson and Nearby Areas	Branson, MO	Additional affordable housing found in and near Branson, MO	https://healthbehaviorcenter.wustl.edu/additional-housing-in-and-near-branson-mo/
Missouri Affordable Housing Locator	Branson, MO	The Affordable Housing Locator is provided as a	http://ahl.mhdc.com/searchresults.aspx?c=Br

		public service by the Missouri Housing Development Commission, the state's financing service. This website provides a list of affordable housing in cities/towns in Missouri.	anson&z=&co=&d=&t=
More Affordable Housing In and Near Branson, MO	Branson, MO	Some more affordable housing in and near Branson, MO	https://healthbehaviorcenter.wustl.edu/more-housings-in-and-near-branson-mo/
Section 8 Housing	St. Louis, MO	Housing resources that accept vouchers for affordable Section 8 Housing	https://healthbehaviorcenter.wustl.edu/section-8-voucher-accepting-housing-resources/

Loss and Grief

Bridget's Cradles-Resources	National	Bridget's Cradles is a national organization that offers regional support groups, including one in Joplin, Missouri.	https://www.bridgetscradles.com/resources
Blog: Grieving Dads	Not specified	Grieving Dads provides resources specific to fathers who have lost a child.	https://grievingdads.com/blog/
Blog: Grieve Out Loud	Not specified	Grieve Out Loud is a care program for families touched by pregnancy loss and/or infant loss. Includes a pen pal option and includes a link to a private Facebook group.	http://www.grieveoutloud.org

Blog: Mommy Interrupted	Not specified	Mommy Interrupted has resources and peer-to-peer support for pregnancy loss.	http://www.mommyinterrupted.org/index.html
Postpartum Support International: Resources to Deal with Grief	National	Postpartum Support International has information on coping with pregnancy loss. The organization lists resources and support groups in Missouri.	http://www.postpartum.net/get-help/loss-grief-in-pregnancy-postpartum/
Blog: Pregnancy After Loss Support (PALS)	Not specified	Pregnancy After Loss Support (PALS) is a community support resource helping expectant mothers celebrate their current pregnancy while still honoring the grief over the loss of their deceased child.	https://pregnancyaftersupport.org/
Blog: Still Mothers	Not specified	Still Mothers provides support and resources for families who have experienced the loss of a child.	http://www.stillmothers.com
Infant Loss Resources	St. Louis, MO	Infant Loss Resources- STL based- and is for connects families to programs and information related to SUID.	https://www.infantlossresources.org/
Share Support System	Hannibal, MO	If you have experienced the loss of a baby and are pregnant or planning a pregnancy and interested in a one-on-one class, please call Tiffany Serandos at 573.795.9856 or Tori Greving at 217.242.4855.	https://www.hannibalregional.org/services/chris-coons-womens-care-center/
Grief Support Group	Rolla, MO	Salem Avenue Baptist Church 1501 E. Highway 72 Rolla, MO	https://www.griefshare.org/countries/us/states/mo/cities/rolla

		573-364-4442	
--	--	--------------	--

Marijuana

Colorado Public Health Advisory Committee: Learn More About Marijuana	Colorado	Colorado has a Public Health Advisory Committee that offers free and easy-to-understand information about the effects of marijuana on health, including on pregnancy.	https://www.colorado.gov/pacific/cdphe/retail-marijuana-public-health-advisory-committee
Colorado DPHE: Marijuana Fact Sheets	Colorado	Colorado has fact sheets about marijuana use during pregnancy, while breastfeeding, and more. The Department of Public Health and Environment also has a breastfeeding guide that lists helpful things to talk about with your health care provider.	https://www.colorado.gov/cdphe/marijuana-fact-sheets
Colorado DPHE: Marijuana Pregnancy & Breastfeeding Guidance	Colorado		MJ_RMEP_Pregnancy-Breastfeeding-Clinical-Guidelines.pdf
Colorado DPHE: Marijuana and Your Baby	Colorado	The free fact sheet Marijuana and Your Baby explains how marijuana affects your baby during pregnancy and after if you are breastfeeding or smoking in the same space as your infant.	MJ_RMEP_Factsheet-Pregnancy-Breastfeeding.pdf
Mother to Baby: Information About Marijuana	National	Mother to Baby offers information about marijuana as well as a hotline where you can ask questions about medications and	https://mothertobaby.org/baby-blog/high-times-for-marijuana-clearing-the-smoke-about-marijuana-use-during-pregnancy/

		substance use during pregnancy and breastfeeding.	
--	--	---	--

Mental Health

Perinatal Emotional Complications Fact Sheet	National	Perinatal Emotional Complications: 5 Surprising Facts offers a simple way to understand perinatal mood symptoms and features links to other websites to learn more.	Perinatal Emotional Complications.pdf
CHADS' Coalition for Mental Health: Support Groups and Resources	St. Louis, MO	CHADS' Coalition for Mental Health offers support groups and resources for young adults and for parents on how to deal with critical behaviors. Based in St. Louis, this nonprofit provides counseling and other services for families.	http://www.chadscoalition.org/resources/
Behavioral Health Response St. Louis	St. Louis, MO		http://bhrstl.org/
Lutheran Family and Children's Services of Missouri	Missouri		https://lfcsmo.org/
Counseling Services/Emotional and Behavior Support	Springfield, MO	Counseling Services and Support in Springfield, MO	Counseling Services-Emotional and Behavior Support.pdf
Advanced Counseling Services	Hannibal, MO	Advanced Counseling Services provides programs to the community dedicated to improving the livelihood of individuals, families, and relationships through counseling services and providing mental health resources.	http://www.advancedcounselingservices.net/

Mark Twain Behavioral Health	Kirksville, MO	660-665-4612 105 Pfeiffer Ave, Kirksville, MO Services Offered: medication services, case management for children and adults with chronic mental illness, individual, family and marital counseling, 24 hour crisis line, consultations and education for community, education on mental health issues, emergency room enhancement program, healthcare home, psychiatry and medication management, community psychiatric rehabilitation program	http://mtbh.org
Suicide Hotline		800-273-8225	
Counseling	Festus, MO	Richard McGraw 1598 St. Mary's Lane Festus, MO 63028 Phone: 573-576-8881 Email: mailto:mcrich333@gmail.com In office and in-home individual and family therapy for children, adolescents and adults. Accepts all Medicaid plus most major insurances	https://www.healthcare6.com/physician/festus-mo/richard-mcgraw-2845186.html
St. Patrick Center	St. Louis, MO	St. Patrick Center offers health programs for people experiencing behavioral health issues, such as mental illness and substance abuse. Through partnerships, we also connect people to primary healthcare through Affinia Healthcare and meditation groups through Anthropedia Foundation. Call 314-802-0700	https://stpatrickcenter.org

		<p>Address: 800 North Tucker Boulevard Saint Louis, MO 63101 Phone: 314-802-0700</p>	
<p>Southeast Missouri Behavioral Health</p>	<p>Poplar Bluff, MO</p>	<p>Southeast Missouri Behavioral Health Community Supervision Center Southeast Missouri Behavioral Health is a community based, nonmedical provider of supportive residential and outpatient substance abuse, mental health, co-occurring disorders treatment services, and is certified by the Missouri Department of Mental Health as a provider of Integrated Dual Disorder Treatment.</p> <p>1441 Black River Industrial Park Road Poplar Bluff, MO. 63901 573-686-5090</p>	<p>https://www.drug-rehabs.org/rehab-center/Southeast-Missouri-Behavioral-Health_Poplar-Bluff_MO.htm</p>
<p>Compass Health Network</p>	<p>Rolla, MO</p>	<p>SERVICES OFFERED Behavioral Health - Counseling for Children and Adults - Psychiatry for Children and Adults - Psychological Assessment/Testing for Children and Adults Substance Use Disorder - Adolescent and Adult Outpatient Treatment Services Hours Monday through Friday 7 a.m. to 6 p.m. 1450 E 10th Street P.O. Box 921 Rolla , MO 65402 844-853-8937</p>	<p>https://compasshealthnetwork.org/location/rolla/</p>
<p>National Alliance on</p>	<p>St. Louis, MO</p>	<p>NAMI St. Louis (National</p>	<p>https://www.namistl.or</p>

Mental Illness		Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families in the St. Louis region. NAMI St. Louis serves the St. Louis region, which includes seven local counties. The seven counties include: St. Louis County, St. Louis City, St. Charles County, Lincoln County, Franklin County, Warren County and Jefferson County.	g/
Comprehensive Mental Health Services	Independence and Kansas City, MO	Comprehensive Mental Health Services Multiple locations in Independence and Kansas City, MO (816) 254-3652 • www.thecmhs.com Medication-assisted, residential, and outpatient substance use treatment Accepts Private insurance, Medicaid, and uninsured adults	www.thecmhs.com
CommCARE First Step for HELP Crisis Hotline	Missouri	CommCARE First Step for HELP 1 (888) 279-8188 24-hour response to any Missouri resident experiencing an emotional or behavioral crisis	
Crisis Counselor Textline	Missouri	Crisis Counselor Textline Text HOME to 741741 for free 24/7 support	https://www.crisistextline.org/text-us/
HCA Midwest Health: Research Psychiatric Center	Kansas City, MO	HCA Midwest Health: Research Psychiatric Center 2323 E 63rd St, Kansas City, MO 64130 (816) 444-8161 • researchpsychiatriccenter.co	https://researchpsychiatriccenter.com

		<p>m</p> <p>Acute inpatient, day treatment, and community-based outpatient behavioral healthcare</p> <p>Serves adults and adolescents</p> <p>Accepts Private insurance, Medicaid, and uninsured</p>	
Signature Psychiatric Hospital at NKC Hospital	Kansas City, MO	<p>Signature Psychiatric Hospital at NKC Hospital</p> <p>2900 Clay Edwards Dr., North Kansas City MO 64116</p> <p>(816) 691-5101 • www.sphkc.net</p> <p>Acute inpatient, partial hospitalization, outpatient, and trauma-specific behavioral healthcare services</p> <p>Detox, inpatient, outpatient, aftercare, and medication-assisted substance use treatment</p> <p>Serves adolescents (outpatient care only) and adults</p> <p>Accepts most private insurance</p>	www.sphkc.net
Tri-County Mental Health Services	Not specified	<p>Tri-County Mental Health Services</p> <p>Multiple locations</p> <p>(816) 468-0400 • www.tri-countymhs.org</p> <p>Serves children, adolescents, and adults</p> <p>Medication assisted, outpatient substance use, and dual diagnosis treatment</p> <p>Counseling, psychiatric, crisis, and employment services</p> <p>Sliding-scale fee for services</p>	www.tri-countymhs.org
Truman Medical Center: Recovery Health Services (RHS)	Kansas City, MO	<p>Truman Medical Center: Recovery Health Services (RHS)</p> <p>1000 E 24th St #2E, Kansas City, MO 64108 (816) 404-</p>	www.behavioralhealthkc.org

		<p>5850 • www.behavioralhealthkc.org Serves adults 18+; adolescents under 17 at Lakewood location Medication-assisted, outpatient substance use, and dual diagnosis treatment Accepts Medicaid and uninsured</p>	
<p>Gateway Regional Medical Center Behavioral Health Intensive Outpatient Program</p>	<p>Granite City, IL</p>	<p>IOP program designed to help adult patients (18+) transition from inpatient care. It can also benefit those who might need more support and therapy than traditional outpatient options offer. Four hours of treatment per day, three days a week, a structured schedule of individual and group therapy, Relapse prevention skills. Address: 2100 Madison Ave, Granite City, IL 62040 Phone: 618-798-8155</p>	<p>https://madisoncountybehavioralhealth.com/</p>
<p>OSF Behavioral Health Navigation Link</p>	<p>Alton, IL</p>	<p>OSF Behavioral Health Navigators are health care support staff trained to assist individuals in addressing barriers to accessing care, understanding the resources available to them and linking them to the appropriate services to best meet their needs. Phone: 309-308-8150</p>	<p>https://www.osfhealthcare.org/</p>
<p>Chestnut Health Systems Crisis Residential/Stabilization</p>	<p>Belleville, IL</p>	<p>Chestnut Health Systems provides 24 hour short term supervised care for persons aged 18 years and older experiencing an acute psychiatric crisis that does not require hospitalization. The average length of stay is 14</p>	<p>https://www.chestnut.org/how-we-can-help/mental-health/crisis-stabilization/</p>

		<p>days. Admission to our crisis unit is voluntary; we only accept those individuals who choose to come to the unit. The facility is not prepared to work with persons who may be acutely suicidal or homicidal or who are experiencing serious medical problems or complications. The unit is staffed with nurses and behavioral health technicians and is not a hospital. During their stay on the unit, clients spend time in groups that meet four or more times a day. The groups provide education on topics helpful to individuals in crisis and clients are expected to attend and to participate actively. Chestnut will provide a safe and supportive environment conducive to achieving stability.</p>	
<p>Touchette Regional Hospital Geriatric Behavioral Health</p>	<p>Caseyville, IL</p>	<p>Our team specializes in treating the whole person and this program specializes in adults age 55 and older. Touchette offers behavioral health services including In-Patient Services, Intensive Outpatient Program (IOP) for adults and adolescents, Adult Substance Abuse IOP, and In-Patient Medical Stabilization Program for withdrawal from drugs or alcohol. Phone: 618-332-3060 Address: 5900 Bond Avenue, Centreville, IL 62207</p>	<p>https://touchette.org/services/behavioral-health-and-wellness</p>
<p>The Living Room Walk-In Crisis and Support at Call for Help, Inc.</p>	<p>East St. Louis, IL</p>	<p>Adults 18+ can access The Living Room's no-cost mental health crisis services by computer, phone, or walk-in.</p>	<p>http://livingroomatcfh.doxy.me/talk</p>

		<p>Address: 9400 Lebanon Road, East St. Louis, IL 62203 Phone: 618-397-0968, ext. 109</p> <p>Access virtually at http://livingroomatcfh.doxy.me/talk</p> <p>Walk-in hours: Mon, Wed, Fri 8:30am-5:00pm, Tues and Thurs 12:00p.m.-8:00p.m.</p>	
Centerstone Open Access	Alton, IL	<p>Open Access hours help connect people with the mental health or substance use disorder services needed. Walk-In hours are from 9 am-2 pm M-F for clients with Medicaid. If someone has private insurance or Medicare, they should call 1-877-467-3123 for an appointment.</p>	https://centerstone.org/programs/centerstone-access-center/

Medications

Women and Infant Substance Health (WISH) Center At St. Mary's Hospital	St. Louis, MO	<p>The WISH (Women and Infant Substance Help) center at St. Mary's Hospital provides unique and comprehensive high-risk maternity care for women dependent on opioids and other drugs, initiating Medication for Addiction Treatment to alleviate withdrawal symptoms. Call 314-768-8230 for more information about their services.</p>	https://www.ssmhealth.com/locations/location-details/wish-center
The Centers for Disease Control and Prevention: Treating for Two	National	<p>The Centers for Disease Control and Prevention's Treating for Two toolkit has information, videos, free</p>	https://www.cdc.gov/pregnancy/meds/treatingfortwo/

		posters, and guidelines for medication use during pregnancy and parenting.	
Mother to Baby: Which Medications are Safe to take during Pregnancy?	National	MothertoBaby is a free resource for anyone to find out more about which medications are safe to take during pregnancy or breastfeeding. They have fact sheets as well as phone and online support lines.	https://mothertobaby.org
Mother to Baby: Medication Fact Sheets	National	MothertoBaby is a free resource for anyone to find out more about which medications are safe to take during pregnancy or breastfeeding. They have fact sheets as well as phone and online support lines.	https://mothertobaby.org/fact-sheets-parent/
The Office of Women’s Health: Pregnancy and Medicines	National	The Office of Women’s Health has a great tip page with handy reminders about food, medication, and other activities that are important for pregnancy.	https://www.womenshealth.gov/a-z-topics/pregnancy-and-medicines
Baby Center: Medication Look Up	Not specified		https://www.babycenter.com/0_safe-medications-during-pregnancy_1486462.bc
SAMHSA: Medication for Addiction Treatment (MAT)	National		https://www.samhsa.gov/medication-assisted-treatment/treatment
SAMHSA: Safe Storage of Medications	National		https://store.samhsa.gov/product/Rx-Pain-Medications-Know-the-Options-Get-the-Facts-/sma17-5053-11
MO-Hope Project: Where to get Free Naloxone	Missouri		https://mohopeproject.org/resources/get-naloxone/

Phelps County Opioid Overdose and Bloodborne Infection Resources	Rolla, MO	This information could may be of value for identifying the resources available and challenges the community faces, as well as determining what next steps should be taken. Locations on where to receive Naloxone are also included.	PHELPS-county-resources.pdf
St. Francois County Opioid Overdose and Bloodborne Infection Resources		This information may be of value for identifying the resources available and challenges the community faces, as well as determining what next steps should be taken. Locations on where to receive Naloxone are also included.	ST-FRANCOIS-county-resources.pdf
LSNDC The Medicine Program	Poplar Bluff, MO	<p>The Medicine Program's services are currently offered nationwide through a variety of private health care and government social service offices. It offers free prescription Medicine to those who qualify. It seeks to aid those who have exhausted all other sources for help with medication.</p> <p>The Medicine Program</p> <p>P.O. Box 1089 Poplar Bluff (Butler County) Poplar Bluff, MO 63902-1089</p> <p>(573) 778-0333</p>	www.themedicineprogram.com

Neighborhood Support

Neighborhood Support	Springfield, MO	Includes many different phone numbers for places in	Neighborhood Support - Springfield.pdf
----------------------	-----------------	---	--

		the Springfield, MO area that can provide support.	
Community Action Agency	Kirksville, MO	660-665-9855 215 N. Elson, Kirksville, MO 63501 Services Offered: Energy assistance, head start, child care, housing, weatherization, community education classes, community garden	https://www.nmcaa.org/
Fire Department	Kirksville, MO	660-665-3734 401 N Franklin St. Kirksville, MO 63501 Services offered: smoke alarms and car seats	https://www.kirksvillecty.com/fire
Salvation Army	Kirksville, MO	660-665-7885 1004 S Gardner St., Kirksville, MO Services Offered: Food assistance, help with utilities, clothing vouchers, help with rent, gas money for medical appointments	https://centralusa.salvationarmy.org/midland/kirksville/
YMCA	Kirksville, MO		NCEAC.pdf
Randolph County Ambulance Service			Randolph County Ambulance Service.pdf
St. Francois Community Partnership	1101 Weber Rd., Suite 202, Farmington (573)-431-3173 Partnering with local and state agencies. St. Francois County Community Partnership's mission is to build, nurture, and strengthen		http://sfccp.org/

	families, insuring that every person has the opportunity to become a healthy, productive, and contributing member of the community.		
Community Links	Poplar Bluff, MO	Quick links to Butler County Health Department, Butler County Community Resource Council, and Ozark Foothills Regional Planning Commission. Physical Address 101 Oak Street Poplar Bluff, MO 63901	https://www.poplarbluff-mo.gov/219/Community-Links

Neonatal Abstinence Syndrome

The March of Dimes Newborn Intensive Care Unit (NICU): Information	National	The March of Dimes Newborn Intensive Care Unit (NICU) Web page explains everything about the NICU and what to do if your baby must stay. There is information about breastfeeding, working with hospital staff, dealing with stress, visitation, and bonding.	https://www.marchofdimes.org/complications/the-nicu.aspx
--	----------	---	---

Nutrition

Healthy Children: Nutrition for Baby	National	HealthyChildren.org sponsored by the American Academy of Pediatrics,	https://www.healthychildren.org/English/ages-stages/baby/feeding-
--------------------------------------	----------	--	---

		explains feeding including formula, breast milk, and solid foods.	nutrition/Pages/default.aspx
Wholesome Baby Food	National	The Wholesome Baby Food site has recipes, information, and a helpful chart that maps out when your baby will be ready to try certain solid foods.	http://wholesomebabyfood.momtastic.com/
Kingdom House Health and Wellness Program	St. Louis, MO	Kingdom House Health and Wellness Program	https://www.lifewisestl.org/who-we-serve/adults/health-wellness/
ACOG: Nutrition during Pregnancy			https://www.acog.org/Patients/FAQs/Nutrition-During-Pregnancy
ACOG: Exercise during Pregnancy			https://www.acog.org/Patients/FAQs/Exercise-During-Pregnancy
ACOG: Obesity and Pregnancy			https://www.acog.org/Patients/FAQs/Obesity-and-Pregnancy
ACOG: A Healthy Pregnancy for Women with Diabetes			https://www.acog.org/Patients/FAQs/A-Healthy-Pregnancy-for-Women-with-Diabetes
Kingdom House: Bodega and City Harvest Market			https://www.lifewisestl.org/who-we-serve/adults/resources/
Parkland Health Center	Farmington, MO	Nutritional counseling available here. Free diabetes self-management classes are offered on the first and third Wednesday of each month. For more information, visit our Classes & Events page. Parkland Health Center -- Farmington	https://www.parklandhealthcenter.org/nutritionalcounseling

		1101 West Liberty Street Farmington, Missouri 63640	
Northside Nutrition Center	Poplar Bluff, MO	1450 Garfield St. Poplar Bluff, MO 63901 From the website: "Provides meals for home-bound residents in Butler County and meals to the public that come to our facility."	http://poplarbluffchamber.org/butler-county-council-on-aging-inc

Parenting

Healthy Children: Parenting Resources (English and Spanish)	National	Healthychildren.org has information on every stage of parenting, from pregnancy to babies to teenagers and young adults. Tambien disponible en Español.	https://www.healthychildren.org/English/Pages/default.aspx
Good Shepherd St. Louis: Children and Family Services	St. Louis, MO	Good Shepherd offers parenting training among other resources, covering essentials such as prenatal education and care, handling stress, safe sleep, and more. Read about additional options and personal stories online.	https://goodshepherdsstl.org/service/pregnancy-and-parenting-support/
Text 4 Baby: Free Messages about Health and Safety	National	The Text 4 Baby App (Tambien disponible en Español) has handy tools, such as tracking your baby's growth, scheduling appointments, and sending text reminders. This app is best for pregnancy through infancy (up to one year old).	https://www.text4baby.org/SignUp
Centers for Disease Control and Prevention: Parenting Information	National	The Centers for Disease control and Prevention has a Positive Parenting Tips webpage that offers	https://www.cdc.gov/parents/infants/index.html

		information and guides for children from birth to 17 years of age. These guides provide facts about your child's development, positive parenting, safety, and health at each stage of your child's life.	
MPACT: Parent Training and Information	Missouri	MPACT (Missouri Parent Training & Information) offers free parenting resources and training sessions for all parents in Missouri. They have information covering early intervention, special education, understanding your child's rights, understanding behavior, and more.	http://www.missouriparentsact.org/
Childcare Aware of Missouri	Missouri	At Child Care Aware® of Missouri, we've made searching for child care easier than ever. Our online referral service lets you search for programs that offer exactly the type of environment you desire for your child.	https://www.mo.childcareaware.org/
Activities- Free and Family Oriented- Mercy	Missouri	Community resources for low income and uninsured.	https://www.mercy.net/content/dam/mercy/en/images/activities-free_family_oriented_-_st._louis_and_surrounding_counties_817.pdf
Great Circle: Parenting Support	National	Parenting Support.	https://www.greatcircle.org/services-by-program/parenting-support
Newborns in Need	Springfield, MO	This agency offers free baby items. 417-881-2229	http://www.newbornsinneedspringfield.org/
Diaper Banks of the Ozarks	Springfield, MO	From the website: Diaper Bank of the Ozarks keeps babies healthy and happy by	http://diaperbankoftheozarks.org/

		distributing diapers – disposable and cloth – through partner agencies and to families in need throughout the Ozarks. Call 417-869-0563	
Good Dads	Springfield, MO	This agency offers parenting classes for fathers. 417-501-8867	www.gooddads.com
Parent/Child Services	Springfield, MO	Parent and child resources in the Springfield, MO area	
Birthright	Moberly, MO		Birthright.pdf
Parents as Teachers	Moberly, MO	<p>From the website: As a parent, you are your child's first teacher and your home is your child's first classroom. Your baby begins learning at birth. Brain growth and development happens more rapidly during the first five years of life than at any other time. Parents as Teachers can help you lay a strong foundation for your child's future success in school and life.</p> <p>PAT is offered at no cost to eligible parents within the Moberly Public School District. PAT is available throughout Missouri. Interested parents need to contact their "local" school district for information.</p> <p>Call the Parents as Teacher's Office at 660-269-2624 for more information. Address: 930 Shepherd Brothers Blvd. Moberly, MO 65270</p>	Parents as Teachers.pdf

Child Care Facilities	Missouri	<p>This is the Missouri Department of Health & Senior Services link for searching by county, city, or zip code for child-care facilities. This search will display licensed and license exempt facilities that are registered and regulated by the state. It includes homes, group homes and centers.</p> <p>Site: http://health.mo.gov/safety/childcare/index.php</p>	http://health.mo.gov/safety/childcare/index.php
YMCA Child Care	Festus, MO	<p>YMCA JEFFERSON COUNTY BRANCH FESTUS ELEMENTARY 1500 Mid Meadow Lane, Festus 636-937-2298 Ages: School age children</p>	https://childcarecenter.us/provider_detail/ymca_jefferson_county_branch_festus_elementary_festus_mo
Pay It Forward Baby Ministry	Desoto, MO	<p>The Pay It Forward Baby Ministry accepts donations for clothes and accessories for babies that are given to individuals and families in need. They are open the 1st Saturday of every month from 10 am to 2. Appointments for different times will be made in advance if an individual is unable to make it on the open days. You can call: Carol at 314/779-4351 or Lisa at 314/6079246 to inquire about baby clothes and accessories from newborn to 3T.</p> <p>Phone: 314-779-4351 (Carol) or 314-607-9246 (Lisa)</p>	
Parkland Pregnancy	Farmington, MO	815 E. Main St., Park Hills	https://www.parklandp

<p>Resource Center Parenting Classes</p>		<p>(573)-431-6001</p> <p>Earn as you learn parenting classes. Topics include: prenatal care, nutrition, healthy relationships, safety, infant development, discipline. Also, new diapers and gently used maternity and baby products available free of charge for parent class clients. Free classes offered weekly.</p>	<p>rc.com/</p>
<p>Parents as Teachers Resources</p>	<p>Rolla, MO</p>	<p>PAT Resources</p> <p>Personalized Home Visits by a certified Parent Educator who offers timely information on a child's development and ways to encourage learning.</p> <p>Group Meetings with other parents to share parenting experiences, gain new insights and talk about topics of interest.</p> <p>Periodic Screening of general development, language, hearing and vision. The goal is to provide early detection of potential problems which could cause difficulties later.</p> <p>Linkage of families with other community services, if needed, that are beyond the scope of the PAT program.</p> <p>Newsletters containing interesting articles about child rearing issues, child development, upcoming PAT events, recipes and ideas for activities and homemade toys.</p>	<p>https://www.rolla31.org/community/parents-as-teachers/what-does-pat-offer</p>

		Playgoups are currently available at The Centre every Monday and Thursday from 10:00-11:00 a.m. when Rolla Public Schools are in session	
Parenting After Divorce Classes	Poplar Bluff, MO	PRE-REGISTRATION IS NECESSARY! To register for the Parenting After Divorce Class, parents must mail an enrollment form, along with a check or money order to: Parenting After Divorce P.O. Box 4875 Poplar Bluff, Missouri 63901	
Lift for Lift Gym	St. Louis, MO	As a non profit organization, we offer St. Louis city children a safe, enriching after-school environment in which to strengthen their bodies, enrich their minds, develop healthy social relationships and learn to make positive life choices.	http://www.liftforlifegym.org/join-the-gym/

Pregnancy and Women's Health

Missouri Hospital Finder	Missouri	Here is a list of hospitals in Missouri that may be able to help you.	http://www.ushospitalfinder.com/hospitals-in/Missouri
Centers for Disease Control and Prevention: Information About Reproductive Health	National	The CDC has an information page about reproductive health, including information about sudden infant death, depression, teen pregnancy, and birth complications.	https://www.cdc.gov/reproductivehealth/index.html
Healthy Children: Pregnancy Page	National	Healthychildren.org's pregnancy page has	https://www.healthychildren.org/English/ages

		information about nutrition, activity, and getting ready for baby.	- stages/prenatal/Pages/default.aspx
Planned Parenthood: Pregnancy and Reproductive Health Information	National	Planned Parenthood gives several facts and resources about pregnancy and parenthood. Visit their website to learn more about reproductive health and other components of pregnancy and childbirth.	https://www.plannedparenthood.org/learn/pregnancy
Free or low-cost prenatal care in your area	National	For information about free or low-cost prenatal care in your area, call 1-800-311-BABY (1-800-311-2229) to speak with a local health department. For information about finding prenatal care in Spanish, call 1-800-504-7081.	https://www.hhs.gov/answers/health-care/are-there-health-assistance-programs-for-pregnant-women-mothers-children/index.html
Jordan Valley Community Health Center	Springfield, MO	This agency provides prenatal care with sliding scale fees and will assist with pregnancy Medicaid. 471-831-0150	https://www.jordanvalley.org/
Pregnant and Postpartum Women's Services	Springfield, MO	This agency offers case management. You must be a resident of Lawrence, Stone, Barry, or Taney Counties. Also you must be at risk for substance use disorder or have a history of substance use.	https://pfh.org/locations-details?q=2411+w+catalpa+st
Pregnancy Care Center	Springfield, MO	Offers free pregnancy tests, ultrasounds, and counseling for unplanned pregnancies. 417-877-0800	https://417choices.com/
Women and Infant Substance Help (WISH) Center at St. Mary's Hospital: Childbirth Options	St. Louis, MO	The WISH (Women and Infant Substance Help) Center at St. Mary's Hospital provides comprehensive, high-risk maternity care for women who are dependent	https://www.ssmhealth.com/maternity/expecting-a-baby/childbirth-options

		on opioids and other drugs, and they have a webpage that explains different childbirth options.	
Birthright Counseling St. Louis: Free Testing, Counseling, and Resource Assistance	St. Louis, MO	Services include medical-grade pregnancy tests, professional counseling, and post-partum support.	https://birthrightstl.org
American College of Obstetricians and Gynecologists: FAQs Page	National		https://www.acog.org/Patients/Patient-Education-FAQs-List
Basic Childbirth Education Class	Hannibal, MO	Our childbirth classes give you the confidence and skills you need to relax and enjoy the birth of your baby. This class provides first-time parents with basic information about labor, labor coping skills, vaginal birth, cesarean birth, pain management and postpartum recovery. Class includes a tour. Classes are offered on Saturdays as one all-day class. Plan to attend in the 7th or 8th month of pregnancy. Register online or by calling 573.248.5161. Saturday, 9:00am – 3:30pm 3/11/2023: 2PM-6PM (Lunch on your own) Will update this section from time-to-time	https://www.hannibalregional.org/events/179246/Basic-Childbirth-Education-Classes/event-details/
Lifeline Pregnancy Help Clinic	Kirksville, MO	800-712-4357 1515 N New Street, Kirksville, MO Services Offered: pregnancy testing, baby materials (diapers, beds, clothes, formula, strollers, and more), parenting classes, services for men, ultra sounds,	https://lifelinepregnancyhelp.org/

		<p>abortion support, STD testing/information</p> <p>NOT ALL SITES OFFER ALL OF THESE SERVICES. SOME SITES MAY OFFER MORE.</p>	
CARE (Clinic for Acceptance, Recovery, and Empowerment) in Pregnancy	St. Louis, MO	<p>CARE in Pregnancy provides a prenatal and postpartum solution for mothers seeking to overcome their opioid use disorder. Their goal is to help mothers overcome their opioid use disorder in the long-term, not just during pregnancy.</p> <p>Visit their website or call 888.987.2807 or 747-CARE to schedule an appointment</p>	<p>https://barnesjewish.org/Medical-Services/Women-Infants/Pregnancy-Childbirth/Opioid-Use-During-Pregnancy</p>
Hand n' Hand Pregnancy Center	Barnhart, MO	<p>Hand 'n Hand is a safe place to share how you are feeling during your pregnancy decision making process. They offer support and services, without judgment or pressure. Services include free lab pregnancy testing, pregnancy options counseling, Caring Hands Pregnancy Support Program, Maternity and Infant Material Needs Assistance, Get Connected Monthly Support Group For Moms, Referral Network, and Abortion Recovery Support.</p>	<p>https://www.pregnancybarnhart.com/index.php</p>
Parkland Pregnancy Resource Center Resources	Farmington, MO	<p>Free Resources</p> <p>Clothes Closet: New and gently used baby clothes are available to our moms each week</p>	<p>https://www.parklandprc.com/resources</p>

		<p>Boutique: Each week, moms have the opportunity to earn points to spend in the boutique by attending parenting classes and completing homework.</p>	
<p>Regional Medical Center Maternity Care</p>	<p>Poplar Bluff, MO</p>	<p>You'll find a range of care from prenatal to post-partum care, including high-risk pregnancy care and advanced labor and delivery services. Our care extends beyond delivery, with a variety of educational resources for new parents.</p> <p>Poplar Bluff Regional Medical Center 3100 Oak Grove Rd Poplar Bluff, MO 63901 (573) 785-7721</p>	<p>https://www.pbrmc.com/maternity-care</p>
<p>PRC of Rolla</p>	<p>Rolla, MO</p>	<p>Experiencing an unplanned pregnancy? Completely stressed out? We can help! Our staff consists of strong women who have been there before. We will provide you with caring, compassionate counsel because we understand that life doesn't always turn out the way you thought it would.</p> <p>Text Us: (573) 873-6757 Call Us: (573) 368-5700 PRC of Rolla 1210 E. Missouri 72, Rolla, MO 65401</p>	<p>https://prcrolla.com/</p>
<p>Women, Infants, and Children</p>	<p>Missouri</p>	<p>To improve the nutritional health status of financially eligible women, infants, and children in Missouri who are at nutritional risk by</p>	<p>https://health.mo.gov/living/families/wic/</p>

		providing nutrition education, breastfeeding promotion and support, supplemental food, and referrals to health care.	
--	--	--	--

Recovery

Recovery St. Louis: Resources and Activities	National	Recovery St. Louis has a page of resources for multiple forms of recovery, on local and national levels. They also have a calendar of activities and programs related to Recovery in the St. Louis area	https://recoverystlouis.org/resources/
Narcotics Anonymous: Support Groups in St. Louis	National	Narcotics Anonymous offers support groups for anyone who wants to stop using drugs every day throughout varying regions in St. Louis. Visit their website to find the closest location to you.	https://www.na.org/meetingsearch/
Start Here STL: Substance Abuse Treatment Resources	St. Louis, MO	Start Here STL has an extensive St. Louis Area Resource Directory for all sorts of substance abuse treatments with varying locations. The site also has a list of potentially useful hotlines and websites, as well as a useful introductory page about how to organize resources.	https://www.startherestl.org/substance-abuse-treatment.html
SAMHSA: Opioid Overdose Information	National		https://www.samhsa.gov/medication-assisted-treatment/treatment/opioid-overdose
Local NA (Narcotics	Hannibal, MO	A list of local Narcotics	

Anonymous) and Alcoholics Anonymous meetings		Anonymous and Alcoholics Anonymous meetings within the Hannibal area.	rehab.org/Missouri-Hannibal-drug-rehab-treatment.htm
Substance Abuse Rehab Center and Resource	Hannibal, MO	A list of local substance abuse rehab centers within the local area of Hannibal.	https://drugabuse.com/usa/drug-abuse/hannibal-mo/
Narcotics Anonymous	Kirksville, MO	1-800-945-4673 First Presbyterian Church 201 S High St. Kirksville, MO Sunday, Monday, Wednesday, Friday @ 6:30 PM	www.primarypurposea.org
Alcoholics Anonymous	Kirksville, MO	Kirksville Unity Group (KUG) 213 W. Washington St., Kirksville, MO Monday - Friday @ Noon and 5:30 PM Wednesday @ 7:00 AM Saturday and Sunday @ 12:30 PM and 7:00 PM	www.kirksvilleaa.org
ESCAPE Alcohol & Drug Outpatient Counseling Center			ESCAPE.pdf
Missouri Network for Opiate Reform and Recovery	Missouri	MISSOURI NETWORK FOR OPIATE REFORM AND RECOVERY 4022 S. Broadway St. Louis, MO 63118 844- Rebel Up (844-732-3587) monetwork.org Drop-in Hours Monday-Friday (10am-5pm) Saturday-Sunday (12pm-6pm)	www.monetwork.org
Recovery Community Center	Springfield, MO	SPRINGFIELD RECOVERY COMMUNITY CENTER 1925 E. Bennett St. Springfield MO, 65804 (417) 368-0852 spfdccc.org Drop-in Hours	https://www.betterlifeinrecovery.com/srcc

		<p>Monday- Friday (9am-9pm) Saturday (6pm-10pm)</p> <p>The mission statement of SRCC is empowering people in recovery to regain hope, enjoy life and become a vital part of the community.</p>	
Healing House	Kansas City, MO	<p>HEALING HOUSE 4602 St. John Ave. Kansas City, MO 64123 (816) 920-7181 healinghousekc.org Drop-in Hours Every day (9am-4.30 pm) Sunday (1.00pm-3.00pm)</p> <p>We have been providing the necessary tools and resources for individuals to obtain long-lasting addiction recovery in Kansas City since 2003</p>	https://www.healinghousekc.org/
SE Missouri Behavioral Health Aquinas Center	Farmington, MO	<p>Address: 5536 State Highway 32 East , Farmington, MO, 63640</p> <p>Phone Number: 573-756-5749</p> <p>Intake Line: 573-431-0554</p> <p>Treatment Type: Residential, Short-term residential, Residential detoxification</p>	http://www.semobh.org
Southeast Missouri Behavioral Health Rehabilitation Services	Poplar Bluff, MO	<p>For more than 30 years our staff has been committed to providing people suffering from chemical dependencies, emotional problems, psychiatric disorders and other crisis of life the most complete treatment services in the region.</p>	https://semobh.org/medications-assisted-treatment/

<p>Southeast Missouri Behavioral Health Outpatient Rehab</p>	<p>Rolla, MO</p>	<p>Outpatient Rehab in Rolla, Missouri Southeast Missouri Behavioral Health 1051 Kingshighway , Rolla, MO 65401. Southeast Missouri Behavioral Health Phone Number 573-364-8511</p>	<p>https://www.drug-rehabs.org/rehab-center/Southeast-Missouri-Behavioral-Health_Rolla_MO.htm</p>
<p>Alcoholics Anonymous</p>	<p>St. Louis, MO</p>	<p>Alcoholics Anonymous is a fellowship of men and women who share their experiences strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.</p>	<p>https://aastl.org/</p>
<p>Black Alcohol/Drug Service Information Center</p>	<p>St. Louis, MO</p>	<p>The Black Alcohol/Drug Service Information Center (BASIC) is a community-based agency that provides comprehensive culturally sensitive alcohol and drug abuse services in the city of St. Louis, Missouri, and New Orleans, Louisiana. Their mission is to reduce the negative impact of alcohol and drug use, abuse and dependency in the Black Communities, families and individuals by providing or ensuring the delivery of quality chemical dependency and related services.</p>	<p>https://www.basicinc.org/</p>
<p>NoM0Deaths</p>	<p>Missouri</p>	<p>Website that has resources for Naloxone, treatment, and support for your recovery.</p>	<p>https://www.nomodeaths.org/</p>
<p>BHG Kansas City Treatment</p>	<p>Kansas City, MO</p>	<p>BHG Kansas City Treatment 723 E 18th St, Kansas City, MO 64108 (816) 283-3877 • www.kansas-</p>	<p>https://www.bhgrecovery.com/locations/kansas-city</p>

		<p>city.bhgrecovery.com Medication-assisted and outpatient substance use treatment Accepts Medicaid and uninsured adults</p>	
Guadalupe Centers	Kansas City, MO	<p>Guadalupe Centers 2600 Belleview Ave, Kansas City, MO 64108 (816) 531-6911 • www.guadalupecenters.org Outpatient substance use treatment Provides Spanish speaking counselors Accepts Medicaid and uninsured</p>	<p>www.guadalupecenters.org</p>
Narcotics Anonymous	St. Louis, MO	<p>NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. This organization meets regularly to help each other stay clean. This is a program of complete abstinence from all drugs. This link will allow you to search for meetings in the St. Louis area: https://stlna.missourina.org/find-a-meeting-2/</p>	<p>https://stlna.missourina.org/find-a-meeting/</p>
Heartland Center for Behavioral Change	Kansas City, MO	<p>Heartland Center for Behavioral Change 1730 Prospect Ave, Kansas City, MO 64127 (816) 421-6670 x1254 • www.heartlandcbc.org Medication-assisted treatment, outpatient substance use treatment, and medically monitored detoxification Sliding-scale fee for services</p>	<p>www.heartlandcbc.org</p>
Midwest Institute for Addiction Treatment	Liberty, MO	<p>Midwest Institute for Addiction Treatment 1512 NE 96th St, Liberty, MO 64068</p>	<p>www.midwestinstituteforaddiction.org</p>

		(816) 407-9596 • www.midwestinstituteforaddiction.org Medical detox, partial hospitalization, residential, and outpatient substance use treatment Accepts most major medical insurance providers	
Preferred Family Healthcare	Liberty, MO	Preferred Family Healthcare 7 Westowne Dr, Liberty, MO 64068 (816) 407-1754 • www.pfh.org/Missouri Serves adults and adolescents Outpatient substance use treatment Accepts Private insurance, Medicaid, and uninsured adults	https://pfh.org/missouri
ReDiscover	Kansas City, MO	ReDiscover Multiple locations in Kansas City, MO (816) 966-0900 • www.rediscovermh.org Medication-assisted, residential, and outpatient substance use treatment Accepts Private insurance, Medicaid, sliding scale, and uninsured adults	www.rediscovermh.org
EPICC	Jackson & Clay County, MO	EPICC Serves Jackson County and Clay County (816) 412-9417 Recovery Coaches provide peer support to individuals experiencing negative consequences from opioid use Connect individuals to medication-assisted substance use treatment, mental health services, and community resources at no cost	https://www.commcare1.org/epicc

<p>Medication First Buprenorphine and Methadone Treatment Map</p>	<p>Missouri</p>	<p>Medication First models attempt to get persons with an Opioid Use Disorder maintenance medical treatment as quickly as possible and to provide voluntary supportive services as needed. This approach prioritizes client choice in both service selection and service participation.</p> <p>Open the map to see a listing of sites that offer rapid access to buprenorphine and methadone treatment. If you are a treatment provider who offers rapid access to buprenorphine or methadone, complete this form to have your site added to the map.</p>	<p>https://www.medicatiofirst.org/treatment</p>
<p>Stone County Recovery Center</p>	<p>Reed Spring, MO</p>	<p>Recovery support by Certified Peer Specialists. Services include education, community outreach, social support, and charitable services.</p> <p>150 Keystone Road, Reed Spring, MO 65737 417-559-1143</p>	<p>https://www.facebook.com/SCRC2020</p>
<p>Celebrate Recovery – LifeSong Group</p>	<p>Reed Spring, MO</p>	<p>Recovery support by Certified Peer Specialists. Services include education, community outreach, social support, and charitable services.</p> <p>150 Keystone Road, Reed Spring, MO 65737 417-559-1143</p>	<p>https://www.facebook.com/SCRC2020</p>
<p>Alcoholics Anonymous (AA)</p>	<p>Southwest MO</p>	<p>24 Hour Helpline 417-823-7125</p>	<p>https://aaswmo.org/meetings?tsml-day=any&tsml-</p>

			view=map
Narcotics Anonymous (NA)	Southwest MO	24 Hour Helpline 855-866-7392	http://www.swmoana.org/Meeting_schedule/Meeting_schedule.htm
PEEPs in Recovery - Peers Encouraging and Empowering Peers	Branson, MO	<p>One-on-one recovery coaching by Recovery Support Specialist Peers. Peer empowerment through education, community outreach, social support systems, and charitable services. Initiating and fostering programs that alleviate the stigma and obstacles of an individual and their families recovering from the effects of Substance Use and Mental Health Disorders. Uses an ROSC (Recovery Oriented System of Care) Model.</p> <p>Phone: 417-761-9749 / 417-272-3002</p> <p>Address: 360 Rinehart Road, Branson, MO 65616</p> <p>Hours: Mon.& Weds. 10am-8pm/ Tues. & Fri. 8am-8pm/ Thur. 8am-6pm</p> <p>General Email: info@peepsinrecovery.com</p>	https://www.facebook.com/peepsinrecovery16/
CORE - Communities of Recovery Experience	Branson, MO	<p>CORE provides recovery services to people wanting a way out of an addictive lifestyle. The Common Solution Recovery curriculum is a neo-traditional, faith based approach to living in the 12 Steps of Alcoholics Anonymous. CORE clients live in single family homes and are required to attend classes and training. Clients must be employed and remain drug and alcohol</p>	http://core-usa.org/temp/

		<p>free. Frequent drug testing is performed and CORE has a zero tolerance policy. A monthly program fee covers the cost of providing recovery services, housing, transportation and some living essentials, i.e. hygiene items, detergent, sheets, etc. Clients agree to settle all legal obligations as a condition of admission. Phone: 417-339-3804 Address: 280 State Highway T, Branson, MO 65616</p>	
--	--	--	--

<p>New Life Restoration Center</p>	<p>Hollister, MO</p>	<p>Long-term residential facility for adult men aged 20+. The faith-based program is twelve months in length with two phases. The first phase is seven months in length and very structured with high accountability. The second phase (Accountability Program) is five months and allows residents more freedom in decision-making. The general routine includes morning devotions, Bible college correspondence courses, church attendance and regular employment. Cost: \$250 Acceptance Fee. Once employed, 50% of net pay donation (10% tithe, 40% towards expenses). Room, board and transportation provided. Phone: 417-334-8870 Address: 229 Carpenter Drive, Hollister, MO 65672 Email: restoration229@gmail.com</p>	<p>https://www.facebook.com/New-Life-Restoration-Center-142753039150252</p>
<p>Springfield Recovery Community Center</p>	<p>Springfield, MO</p>	<p>-A safe place for people in recovery to go to meet people who can relate, support and encourage them. Hosts sober events, classes, and meetings.</p>	<p>https://www.betterlifereinrecovery.com/about</p>

		<p>-Phone: 417-368-0852 -Address: 1925 East Bennett, Suite J, Springfield, MO 65804</p>	
Missouri Alternatives	Springfield, MO	<p>-Offers a variety of services including SATOP classes, alcohol and drug counseling as well as counseling for other issues, evaluation and assessment for alcohol and drug, DWI, DEP class (drug education program), drug and alcohol outpatient treatment programs, and drug and alcohol counseling for those under 21. -Phone: 417-883-7227 -Address: 5337 S Campbell Ave, Suite F, Springfield, MO 65810 -Hours: Monday-Thursday 8:30am-5:00pm, Friday-Sunday Appointment Only</p>	http://www.missourialternatives.com/
New Beginning Sanctuary	Springfield, MO	<p>-Faith-based, non-profit long-term sober living facility for men and women. Hosts AA/NA and is supportive of other programs such as Celebrate Recovery. Work with a peer support structure. Life skills, faith-based, and coping classes. All pathways accepted: secular, faith based, and MAT. Initial enrollment fee: \$200; first week's fee: \$100; weekly fee of \$110. Housing and utilities included in the cost. -Phone: 417-234-1647/ 417-231-4595</p>	https://www.nbsanctuary.org/
Narcotics Anonymous	Virtual	Offers a variety of online and skype meeting options	https://www.na.org/meetingsearch/
Marijuana Anonymous	Virtual	Offers virtual support	https://ma-online.org/

Reddit Recovery	Virtual	Offers a virtual hang out and support during recovery	https://www.reddit.com/r/REDDITORSINRECOVERY/
Self-Management and Recovery Training (SMART) Recovery	Virtual	Offers global community of mutual-support groups, forums including a chat room and message board	https://www.smartrecovery.org/community/
Soberistas	Virtual	Provides a women-only international online recovery community	https://soberistas.com/
Sober Recovery	Virtual	Provides an online forum for those in recovery and their friends and family	https://www.soberrecovery.com/forums/
We Connect Recovery	Virtual	Provides daily online recovery groups for those with substance use and mental illness	https://www.weconnecthealth.io/free-online-support-meetings
Unity Recovery + WEconnect + Alano Club	Virtual	Providing daily virtual meeting for those in recovery and for their family members	https://unityrecovery.org/digital-recovery-meetings
Celebrate Recovery - King's Chapel	Branson, MO	Address: 1208 W. 76 Country Blvd, Branson, MO 65616 Phone: 417-320-2055 or 808-344-4240 Times: Tuesday evenings at 6:30 – Dinner at 6pm Support group for anyone struggling with hurts, habits, & hang-ups. Includes large group worship time, gender specific and issue specific small groups, and casual fellowship.	http://mo-cr.com/2017/locate-cr/
Celebrate Recovery – Branson United Methodist Church	Branson, MO	Address: 1208 West Hwy 76, Branson, MO 65616 Phone: 417-699-8685 or 309-221-5047 Times: Monday evenings – Dinner at 5:30pm, Large Group at 6pm, and Small	http://mo-cr.com/2017/locate-cr/

		<p>Groups at 7pm Support group for anyone struggling with hurts, habits, & hang-ups. https://www.facebook.com/Celebratererecoveryatbranson</p>	
<p>Restoration Connection at The Sanctuary of Hope</p>	<p>Branson, MO</p>	<p>Address: 1790 Bee Creek Rd, Branson, MO 65616 Phone: 417-294-2337 Facebook: https://www.facebook.com/restorationconnetion Restoration connection is a ministry dedicated to sharing the gospel with those affected by drug addiction, trauma, and unwanted life cycles. Come as you are. We offer support, classes, one on one discipleship and we do life with you. We have something for the whole family! Hot meal provided at 6PM. Free transportation – Call 417-319-4691. Nursery (infants and toddlers), Kids programs, and Youth program</p>	<p>https://www.thesanctuaryofhope.org</p>
<p>Standing by the Door</p>	<p>Branson, MO</p>	<p>Address: 564 Rinehart Road, Branson, MO 65616 Phone: 417-425-3414 In a cooperative effort with Church Army USA, Standing By The Door was developed in 2013 to carry on a tradition of faith based life instruction and compassionate fellowship with those needing guidance and direction to escape the horrors of the addictive lifestyle. Since that time, the ministry has evolved to include transitional housing for men as well as supportive</p>	<p>http://standingbythedoor.wixsite.com/standingbythedoor</p>

		<p>and instructional services. Offers transitional housing, way out workshop, spiritual skills, peer counseling, job and life skills, and veterans' assistance.</p> <p>Facebook: https://www.facebook.com/Standing-By-The-Door-473814539404331/</p>	
Burrell Adolescent Recovery Services	Springfield, MO	<p>Address: 1931 East Cherry, Springfield, MO 65802 Phone: 417-761-5400 Hours: Monday-Friday 8am-5pm</p>	https://www.burrellcenter.com/
Synergy Recovery Center	Rogersville, MO	<p>Address: 3955 S. Farm Road 223 Rogersville, MO 65742 Phone: 417-812-4440</p> <p>Utilize a variety of treatment modalities, including evidence-based practices, the traditional 12 step model, holistic health therapies, medicated assisted treatment, mental health services, and trauma services including EMDR, to get to the root cause of addiction and promote a positive lifestyle change to encompass mind, body and spirit. A combination of individual, group, and family therapy will be provided by licensed clinicians. Education classes will be interactive and experiential, and cover a wide variety of topics. Private Women's and Men's residential recovery homes as well as outpatient services.</p>	https://synergyrecoverycenter.com/
Alcohol Help Online Resource	National	Alcohol Help is an informational resource	https://www.alcoholhelp.com/alcohol/overview

		<p>geared towards reducing the harm caused by alcohol. We strive to provide high quality, well researched webpages surrounding the implications of alcohol use and how to seek treatment. While alcohol is a large part of social interactions for adults, the debilitating alcohol use disorder can often get written off as a moral flaw, and we want people to know there are paths forward to a healthy life.</p> <p>Phone: 866-490-1250</p>	<p>w-alcoholism/</p>
--	--	--	--------------------------------------

Refugee Services

Refugee Services	Springfield, MO	Refugee Services in the Springfield, MO area.	Refugee Services-Springfield.pdf
Refugee Resettlement	St. Louis, MO	<p>The goal of Refugee Resettlement is to assist in the resettlement of refugees in Missouri and to promote economic self-sufficiency as quickly as possible. This is accomplished by providing social and employment services, as well as financial and medical assistance, through programs provided by the Missouri Departments of Social Services, Health and Senior Services, Elementary and Secondary Education, and contracting agencies.</p> <p>The following benefits and services are provided to eligible individuals and families by the Missouri</p>	<p>1) https://dss.mo.gov 2) https://www.auntbertha.com/health/health-insurance--saint-louis-mo?postal=63104</p>

		<p>Department of Social Services (DSS), Family Support Division’s Refugee Resettlement Program, either directly through DSS, agreements with other Missouri state agencies, or contracted agencies:</p> <ul style="list-style-type: none"> -Cash Assistance (eight months) -Medical Assistance (eight months) -Health Coordination (medical screenings) <p>To be eligible you must be in one of the following groups: allowed to immigrate as refugees, certain Amerasians, Cuban/Haitian entrants, non-Americans who are victims of severe forms of trafficking, asylees, Iraqi/Afghani Special Immigrants, and individuals who previously held one of the listed statuses and who are now legal permanent residents.</p> <p>Phone Number: 314-773-9090</p>	
USCRI in Missouri	Missouri	<p>USCRI is responsible for administering the federally funded Refugee Medical Assistance (RMA) and Refugee Medical Screening (RMS) programs in the state. Refugee Medical Assistance (RMA) provides short-term health insurance to refugees and other eligible individuals who do not qualify for Medicaid in Missouri.</p>	<p>https://refugees.org/fied-office/missouri/</p>

Oasis International	St. Louis, MO	Oasis International helps refugees settle in St. Louis with furniture, household items, and clothes. English, citizenship, and computer classes are also made available to them.	http://www.oasis4refugees.org/index.php
Immigrant Home English Learning Program	St. Louis, MO	Immigrant Home English Learning Program empowers foreign-born adults by providing individualized, in-home, English language education and tools for effective navigation in our community.	https://ihelpstl.org/

Safe Sleep

Missouri Health and Senior Services: Safe Sleep and Sudden Infant Death Syndrome Information	Missouri	Explains how to make a safe sleep environment and has resources that explain the dangers of Sudden Infant Death Syndrome (SIDS).	https://health.mo.gov/living/families/babies/safesleep/
Cribs for Kids	National	Cribs for Kids can help families get a free safe sleep crib.	http://www.cribsforkids.org/
TEL-LINK: Missouri Confidential Referrals	Missouri	Provides Missourians with confidential information and referrals on maternal and child health services, including finding a safe sleep environment for your child. Call 800-TEL-LINK (1-800-835-5465) to find health services in your community.	https://health.mo.gov/living/families/tellink/
Jefferson County Rescue Mission	Festus, MO	Jefferson County Rescue Mission Pevely, MO 63070 4.29 miles from city center Festus	https://www.homelessshelterdirectory.org/cgi-bin/id/shelter.cgi?shelt

		<p>636-475-3030</p> <p>The mission of our organization is to provide food, clothing and shelter for the needy who come to us from Jefferson County and a portion of St. Louis County, Missouri. We serve the homeless and other hungry people, the unemployed, victims of abuse, children, the elderly and dysfunctional family members</p>	<p>er=7660</p>
--	--	---	--------------------------------

Sexual Safety: HIV, Hepatitis, STDs, Sex Work, and Human Trafficking

Office of Missouri Attorney General: Human Trafficking Resources	Missouri	This website has educational resources and other information available about Human Trafficking in Missouri. You can also call the trafficking hotline at 1-844-487-0492.	https://ago.mo.gov/home/human-trafficking/resources
Polaris: End Human Trafficking	National	Polaris is a national organization working to end human trafficking and forced sex work. Text "BeFree" (233733) if you need help now.	https://polarisproject.org/
Safe Connections: Resources and Information about Sex Trafficking in Missouri	Missouri	Safe Connections offers information about Sex Trafficking in Missouri along with a list of local and national resources.	https://safeconnections.org/
The Center for Disease Control: Locator for Free/Low Cost HIV, Hepatitis, and STD Testing	National		https://gettested.cdc.gov/

Safe Needle Disposal Locator	National	This website helps you find a safe needle disposal location near you! You can also give them a call at 800-643-1643.	https://safeneedledisposal.org/state-search/
STD Testing	Farmington, MO	We are the only online STD testing service with a 10-test panel that checks for the most frequent STDs in Farmington, Missouri, including HIV 1 & 2, syphilis, chlamydia, gonorrhea, hepatitis A, B, and C, and herpes-1 & 2. We make STD screening in 63640 convenient.	https://www.stdcheck.com/std-testing-farmington-mo-539-w-karsch-blvd-63640
Maries County Health Dept. STD Testing and Treatment	Rolla, MO	The STD Clinic is open Monday through Friday from 8:00 am to 4:00 pm, but hours may change without notice. We are closed on all holidays observed by the Phelps County Courthouse.	https://www.phelpscountyhealth.com/healthy-living
STD/HIV Screening and Treatment	Poplar Bluff, MO	The Butler County Health Department conducts screening and treatment for chlamydia, gonorrhea and syphilis, otherwise referred to as Sexually Transmitted Diseases (STD's). HIV and Hepatitis C testing and counseling is also available. All testing is confidential and free of charge.	https://www.butlercountyhealth.org/std-screening-treatment.php
Testing.com	St. Louis, MO	List of free/low cost testing sites in St. Louis, MO for STDs and STIs	https://www.testing.com/std-testing/st-louis-mo/
Contraceptive Choice Center	St. Louis, MO	The Contraceptive Choice Center (C3) provides high quality, gender-inclusive family planning services for adolescents and adults. All services are completely confidential. We accept	https://contraceptivechoice.wustl.edu/

		Medicaid and most commercial plans. If you are uninsured or if your insurance doesn't cover birth control, you may qualify for free or low-cost services through The Right Time.	
--	--	--	--

Substance Use Disorders

The Addiction Technology Transfer Center Network (ATTC) Program	National	The Addiction Technology Transfer Center Network (ATTC) has a special page just for pregnant and parenting women. There are short "webinettes" (online learning videos) with information about many different topics, including alcohol, and methadone.	http://attcppwtools.org/home.aspx
The National Institute on Drug Abuse: Drug Abuse Information	National	The National Institute on Drug Abuse (NIDA) has information about the effects of substances on the brain and body, as well as pathways of recovery.	https://www.drugabuse.gov/drugs-abuse
The Recovery Research Institute: Recovery Resources	National	The Recovery Research Institute has helpful information on its website. It explains addiction and recovery and describes research and science in an easy-to-understand way. If you want to help someone in your life understand addiction or recovery, you might want to send them to this site.	https://www.recoveryanswers.org/recovery-101/
SAMHSA: Decision Making Tool	National	Explains opioid addiction, and helps people figure out what kind of treatment is	https://www.samhsa.gov/brss-tacs/recovery-support-tools/shared-

		right for them. There are also resources and tips for getting started in recovery. All information on this site is free and private.	decision-making
Substance Use/ Abuse Services	Springfield, MO	Phone numbers, addresses and hours of Substance Use/ Abuse Services in Springfield, MO.	Substance Use-Abuse Services- Springfield.pdf
Safer Injection materials	National	This website contains downloadable PDFs that go into detail on safer injection practices, medical facts, injection techniques, and strategies to keep users and their communities healthier and safer	https://harmreduction.org/issues/drugs-drug-users/drug-information/safer-injection-materials/
Empowerment Center	St. Louis, MO	ST. LOUIS EMPOWERMENT CENTER 1908 Olive Street St. Louis, MO 63103 (314) 652-6100 dbsaempowerment.org Drop-in Hours Every day (9am-3pm) THE ST. LOUIS EMPOWERMENT CENTER IS A PEER RUN RECOVERY DROP-IN CENTER DESIGNED TO MEET THE NEEDS OF INDIVIDUALS WHO HAVE LIVED EXPERIENCE WITH MENTAL HEALTH AND/OR SUBSTANCE USE ISSUES.	http://www.dbsaempowerment.org/
Inpatient Drug and Alcohol Rehab Facilities	Poplar Bluff, MO	List of Inpatient Drug and Alcohol Rehab Facilities Serving the Poplar Bluff, Missouri Area	https://www.drug-rehabs.org/treatment-category/Missouri/Poplar-Bluff/Inpatient-Drug-Rehab.htm
List of Alcohol and Drug Rehabs	Rolla, MO	List of Alcohol and Drug Rehabs Serving the Rolla, Missouri Area	https://www.drug-rehabs.org/Missouri-Rolla-drug-rehab-

			treatment.htm
List of Alcohol and Drug Rehabs	Farmington, MO	List of Drug and Alcohol Rehab Programs In Farmington, MO.	https://www.drug-rehabs.org/Missouri-Farmington-drug-rehab-treatment.htm
Community Action Agency of St. Louis County, Inc.	St.Louis County, MO	Education is the first step to recovery from drug or alcohol abuse. CAASTLC's Drug/Alcohol classes focus on legal aspects of chemical usage, disease concepts of alcohol and drug abuse, stress management, and the physiological & psychological consequences of drug and/or alcohol use.	https://www.caastlc.org/programs-page/substance-abuseanger-management-programs/
Confluence HRKC	Kansas City, MO	Confluence HRKC (816) 944-0917 www.confluencehrkc.org Supplies fentanyl test strips, Narcan, safe sex kits, and basic wound care supplies at no cost Not an emergency service	www.confluencehrkc.org
Burrell Adult Addiction Services	Branson, MO	Branson West facility offers outpatient services, including CSTAR, SATOP, and MAT. Detox, crisis, inpatient, and residential services are available in Springfield and transportation is available.	www.burrellcenter.com
Burrell Adult Addiction Services	Branson, MO	Branson facility offers outpatient services. Detox, crisis, inpatient, and residential services are available in Springfield and transportation is available. Adult C-STAR and Addictions Recovery services for Taney County. If you have a crisis, you can get help 24 hours a day by calling 417-761-5555 or toll free 800-494-7355.	https://www.burrellcenter.com/

		<p>Phone: 417-893-7740 Address: 155 Corporate Place, Branson, MO 65616 Hours: Monday-Friday 8am-5pm</p>	
<p>Family Counseling Center – Turning Leaf Adult Treatment Center</p>	<p>West Plains, MO</p>	<p>Residential and outpatient services. General CSTAR also provides intake screening, comprehensive assessment, social detoxification, community support, group counseling, group education, co-occurring counseling, individual counseling, case management, family therapy, nursing, tele-health services, medication assisted services and drug screen services. Also offers SATOP services.</p> <ul style="list-style-type: none"> •Phone: 417-256-2570 •Crisis Hotline 24 hours: 800-356-5395 •Address: 1015 Lanton Road, West Plains, MO 65775 	<p>https://fccinc.org/substance-abuse-disorder/adults/</p>
<p>Adolescent RISE Treatment Center</p>	<p>West Plains, MO</p>	<p>Residential and outpatient services. Intake screening, comprehensive assessment, social detoxification, community support, group counseling, group education, co-occurring counseling, individual counseling, case management, family therapy, nursing, tele-health services, medication assisted services and drug screen services.</p> <ul style="list-style-type: none"> •Phone: 417-256-2570 •Crisis Hotline 24 hours: 800-356-5395 •Address: 3411 Division Drive, West Plains, MO 65775 	<p>https://fccinc.org/contact/</p>

Compass Health Network	Warrensburg, MO	<ul style="list-style-type: none"> •Warrensburg facility offers outpatient services including SATOP, Medications for Opioid Use Disorder, psychiatric assessment, co-occurring disorder treatment, and inpatient residential treatment. •Local Phone: 660-747-1355 •Statewide Phone: 844-853-8937 •Address: 703 North DeVasher, Warrensburg, MO 64093 	https://compasshealthnetwork.org/
Compass Health Network	Linn Creek, MO	<ul style="list-style-type: none"> •Linn Creek facility offers outpatient services including DUI / DWI treatment court, SATOP, Medications for Opioid Use Disorder, psychiatric assessment, co-occurring disorder treatment, and inpatient residential treatment. •Local Phone: 573-346-6758 •Statewide Phone: 844-853-8937 •Address: 1091 Midway Drive, Linn Creek, MO 65052 	https://compasshealthnetwork.org/
Women and Children Addiction Services - Compass Health Network	Clinton, MO	<ul style="list-style-type: none"> •Clinton facility offers outpatients services including SATOP, Medications for Opioid Use Disorder, medical, dental, psychiatric assessment, co-occurring disorder treatment, and inpatient residential treatment. •Local Phone: 573-449-4770 •Statewide Phone: 844-853-8937 •Address: 200 North Keene Street, Suite 200, Clinton, MO 64735 	https://compasshealthnetwork.org
Adolescent Addiction	Rolla, MO	-Rolla facility offers	https://compasshealthnetwork.org

<p>Services - Compass Health Network</p>		<p>outpatient services including psychiatric assessment, co-occurring disorder treatment, and inpatient residential treatment. -Local Phone: 573-364-7551 -Statewide Phone: 844-853-8937 -Address: 1450 East Tenth Street, Rolla, MO 65402</p>	<p>network.org</p>
<p>CenterPointe Hospital Addiction Treatment Center</p>	<p>St. Charles, MO</p>	<p>Private psychiatric hospital serving adolescents, adults, and seniors. CenterPointe provides free, confidential assessments to determine the need for treatment and the appropriate level of care. 24-hour assessment team to assist with admission process. Has medication assisted treatments and detox and offers both outpatient and residential treatment. Weekly support group for family members. Admissions: 636-477-2136 Toll Free: 800-345-5407 Address: 4801 Weldon Springs Parkway, St. Charles, MO 63304</p>	<p>www.CenterPointeHospital.com</p>
<p>National Substance Use Warmline</p>	<p>Virtual</p>	<p>The HRSA-funded National Substance Use Warmline (855-300-3595) is pleased to offer confidential, free teleconsultation to health care providers on substance use evaluation, management, and harm reduction strategies, including overdose prevention. The line is staffed by addiction medicine-certified physicians and clinical pharmacists with expertise</p>	

		<p>in medical management of substance use disorders. Consultants are available Monday through Friday, 8 a.m. – 7 p.m. C at 855-300-3595 or via online submission form.</p>	
Centerstone Fellowship House	Alton, MO	<p>Centerstone's Fellowship House Campus, located in Anna, IL, provides services to people who suffer with substance use disorders and co-occurring problems. We accept Illinois Medicaid including Illini CareHealth and Meridian. The programs at this location include: detox, inpatient rehabilitation and other outpatient services. Phone: (618) 833-4456.</p>	<p>https://centerstone.org/locations/illinois/facilities/centerstone-fellowship-house-campus/</p>
Centerstone Youth and Family Tree	Alton, MO	<p>A substance use program that focuses on reducing or eliminating use for individuals ages 12 - 25. Substance use may include drugs, alcohol, and/or nicotine- including vaping. The assessment for this can be done outside of a regular assessment. To schedule an assessment, please contact Taylor Marksat (618) 462-2331, ext. 1813.</p>	<p>https://centerstone.org/programs/youth-and-fam</p>
Heartland Center for Behavioral Change	Reed Springs, MO	<p>Address: 21009 Main Street, Reed Springs, MO 65737 Phone #'s: 417-880-7310, 417-866-3293 Offers SATOP program for Stone County drug court, the CSTAR program, and substance use counseling.</p>	<p>www.heartlandcbc.org</p>
Hope, Faith, & Love Counseling	West Branson, MO	<p>Address: 8956 East State Highway 76, Branson West,</p>	<p>http://hopefaithlovecounseling.com/</p>

		<p>MO 65737 Phone: 417-230-5814 Facebook: https://www.facebook.com/hopefaithlovecounseling/ Substance use assessments and treatment. Mental health services for the entire family.</p>	
<p>Chris Weber, M.D., L.L.C.</p>	<p>Branson, MO</p>	<p>Address: 574 State Highway 248, #3, Branson, MO 65616 Phone: 417-337-5500 Hours: Monday – Friday, 9am to 5pm Offers Medications for Opioid Use Disorders (Suboxone [buprenorphine] and oral naltrexone therapy) in conjunction with other support programs (NA, AA, Celebrate Recovery, Addiction Counseling, residential living facilities of the patient's choice, etc.) No referral required. Most insurances accepted (not all insurances cover treatment) Self Pay: Initial visit \$200-\$300. Monthly visits <\$100. New patient labs if not available \$0-80.</p>	<p>https://pfh.org/locations-details?q=2411+w+catalpa+st</p>
<p>Preferred Family Healthcare - Champion Center</p>	<p>Springfield, MO</p>	<p>Address: 2415 W Catalpa Street, Springfield, MO 65807 Phone: 417-862-3455 Adult outpatient services and employment services</p>	<p>https://pfh.org/locations-details?q=2415+w+catalpa+st</p>
<p>Burrell Social Setting Detox</p>	<p>Springfield, MO</p>	<p>Address: 800 South Park Avenue, Springfield, MO 65802 Phone: 417-893-7722 Hours: 24 hours a day / 7 days a week</p>	<p>https://www.burrellcenter.com/our-services/recovery-services/social-setting-detox</p>

Tobacco and Smoking Cessation

Centers for Disease Control and Prevention: Information About Smoking During Pregnancy	National	See the CDC's information about smoking during pregnancy for information about how smoking affects pregnancy and about how to quit smoking while pregnant.	
Missouri Tobacco Quitline Fact Sheet	Missouri	The Missouri Tobacco Quitline offers free help to smokers who want to quit using tobacco by providing counseling, information, and referrals. The Quitline number is 1-800-QUIT-NOW (1-800-784-8669), and this fact sheet can give you more information.	https://health.mo.gov/living/wellness/tobacco/smokingandtobacco/pdf/QuitlineFactSheet2.pdf
North American Quitline Consortium: Free and Discounted Cessation Medication	National	The North American Quitline Consortium has a page of how to get Free and Discounted Cessation Medication for tobacco users who are interested in cutting back or quitting.	http://map.naquitline.org/reports/medication/
Miner Wellness Program	Rolla, MO	Miner Wellness offers a one-on-one student smoking-cessation program for those who are thinking about or are ready to quit.	https://wellbeing.mst.edu/appointments/wellness-consultations/nicotine-cessation/

Transportation

MetroBus Schedule	Missouri and Illinois	You can sort the Route Maps & Schedules by Route Number or Route Name. From the site you can also view the MetroLink	https://www.metrostlois.org/metrobus-schedule/#
-------------------	-----------------------	--	---

		Schedule. Metro also features an app (Transit) that you can download onto your smartphone from this website.	
Transportation	Springfield, MO	Phone numbers and hours for transportation services in Springfield, MO.	
Home State Health Transportation	Missouri	Non-Emergency Medical Transportation, or NEMT, can be used when you do not have a way to get to your healthcare appointment without charge. Call member services at 1-855-694-HOME (4663).	https://www.homestatehealth.com/members/medicaid/health-management/transportation-services.html
Operating Above the Standard (OATS) Transit	Hannibal, MO	Local transportation service in Hannibal- Transportation in Hannibal or to Columbia and St. Louis	https://www.oatstransit.org/marion
Custom Transit	Hannibal, MO	Call 573-221-2211 for more information or to schedule a ride. Custom Transit provides transportation up to 100 miles from Hannibal and is Medicaid eligible	
Missouri Department of Social Services Non-Emergency Medical Transportation Services	Missouri	Call 866-269-5927 for more information or to schedule a ride. Only for Missouri residents with MO HealthNet Division coverage, will connect you to public transportation or car services to get you to appointments, help pay for gas if you have a ride, help pay for food and hotels if you need to stay overnight.	https://dss.mo.gov/mhd/participants/pages/medtrans.htm
Medicaid Transport (NON-EMERGENCY)	Kirksville, MO	1-866-269-5927 (24 hour number) You must have the following	www.logisticare.com

		<p>information before you make this call to ask for a ride:</p> <ul style="list-style-type: none"> - patient's name, address, and medicaid number - medicaid provider name (doctor, dentist, clinic,, etc) - date of scheduled appointment - time of scheduled appointment - address of scheduled appointment - any special transportation needs, such as need for a wheelchair lift or someone to go with you 	
Kirk Tran	Kirksville, MO	<p>660-665-8404 Demand-Response System Kirk-Tran uses a demand-response system where point to point riders are scheduled in advance by calling the dispatch center. This system operates Monday through Friday, from 6:00 am to 6:00 pm and travels within a 15 mile radius of downtown Kirksville. To schedule a ride, call 660.665.8404 or 877.666.KIRK, Monday through Friday from 8:00 am to 3:00 pm. Fare - \$2.00 per one way trip anywhere inside the Kirksville city limits; \$3.00 per one-way trip outside of Kirksville city limits within a 15 mile radius of downtown Kirksville. Children under 12 years of age, accompanied by a parent or guardian, ride free of charge.</p> <p>The Deviated Fixed Route</p>	http://www.kirksvillecity.com/kirktran

		<p>The Deviated Fixed Route operates Monday through Thursday from 7:00 am to 6:00 pm, Friday until 9:00 pm, and Saturday from 9:00 am to 9:00 pm and includes the stops listed in the "Kirk-Tran Deviated Fixed Route" link. The route will repeat this schedule every hour. Times may vary by 10 minutes before or after scheduled time. Fare - \$2.00 per one-way trip. Purchase a Punch Card for \$20. Punch Cards can be purchased from the Deviated Fixed Route Driver or the Finance Department counter at City Hall. You must have exact change for fares or to purchase a punch card. Children under 12 ride free and must be accompanied by an adult.</p>	
Magic City Express/Oats, Inc.	Moberly/Macon, MO		Transportation.pdf
Emergency Transportation Service Joachim-Plattin Ambulance District S.T.A.R.S. (Special Needs Tracking and Awareness Response System)	Festus, MO	<p>JOACHIM - PLATTIN AMBULANCE DISTRICT</p> <p>Main Office & House #1: 1235 N. Truman Blvd. Festus, MO 63028 Business Calls: 636-937-2224 Fax: 636-937-2225 Phone: 911 (Emergency) Email: mailto:cstueve@jpadems.com Site: http://www.jpadems.com/</p>	http://jpadems.com/index.html

		<p>House #1 is located at 1235 N. Truman Blvd. and serves Crystal City, Festus and surrounding area.</p> <p>Station #2 is located at 1281 Abbey Lane in Pevely. It is staffed 24 hours a day with an Advanced Life Support Ambulance. This station provides the primary ambulance for the northern most parts of the district including the cities of Pevely and Herculaneum.</p> <p>Station #3 is located at 2410 Hwy 61, Festus</p> <p>Station #4 is located at 2926 Parthenon, De Soto. This station covers the extreme southern portion of JPAD's district.</p> <p>Station #6 is located at Highway 61N, Festus.</p> <p>SERVICES PROVIDED: ALS Ambulance Service, CPR classes, and speakers to organizations.</p>	
<p>Logisticare Medical Appointment Transportation</p>	<p>Missouri</p>	<p>Missouri:</p> <p>Humana National Medicare (MCR): 1-866-588-5122</p> <p>Missouri Medicaid: 1-866-269-5927</p> <p>UnitedHealthcare Medicare National: 1-866-418-9812</p> <p>Site: https://www.logisticare.co</p>	<p>https://www.logisticare.com/</p>

		<p>m/</p> <p>SERVICES OFFERED: Free transportation to doctor appointments for individuals living in residential care facilities who have Medicaid. They may also transport individuals not living in residential care facilities but are charged according to distance (usually \$1-\$3 per trip).</p> <p>Need to book transportation three days in advance by calling Monday-Friday 8:00 a.m. to 5:00 p.m.</p>	
Mercy Medical Angels MMA	Missouri	<p>Mercy Medical Angels' non-emergency ground transportation program provides financially qualifying patients with non-local medical-related treatment traveling more than 50 miles from your home. The typical trip does not exceed 300 miles.</p> <p>Ground transportation includes:</p> <ul style="list-style-type: none"> - Gas cards (Provided to help off-set fuel cost for patients) - Bus Tickets (Greyhound, Trailways, etc.) - Train Tickets (Amtrak) <p>All services provided by Angel Wheels are free to clients. Phone #: (800) 768-0238</p>	<p>https://request.angelwheels.org/trip-request</p>
SMTS Southeast	Missouri	Door-to-door transportation	<p>https://ridesmts.org/se</p>

Missouri Transportation Service		to anyone in 20 Missouri counties.	rvice-area/
BATS Bluff Area Transit Service	Poplar Bluff, MO	Monday thru Friday 8am – 6pm Saturday 10am – 4pm Call our Poplar Bluff facility with any questions: 573-785-2928, or toll free 800-392-0754	https://ridesmts.org/bluff-area-transit/
Agency for Community Transit (ACT)	Granite City, MO	65+ or disabled individuals in Madison County may qualify, must fill out an application and be approved before they can ride. \$3 each way (Alton area), \$4 age related only, \$10 each way St. Louis medical only 1 Transit Ln, Granite City, IL 62040 Phone: 618-931-7433	https://actinfo.org/
A-1 Med Car	Belleville, IL	Transportation, any ambulatory patient - no wheelchair access. All managed through Medicaid set up. No cost for Medicaid, accepts Molina, Meridian, Illinicare. Address: 6600 W. Main, Belleville, IL 62223 Phone: 800-340-9171	
Tri County Rural Transit		All ages, wheelchair access. Services Jersey, Greene, and Calhoun counties. Illinois Medicaid, Seniors a donation of \$2-\$5 depending on the area. Phone: 844-874-7433	https://ilvalley-edc.org/transportation/
Salvation Army	Branson, MO	Provides rent or mortgage assistance, utility, assistance, medicine assistance, food and	

		<p>clothing, and transportation (Bus Passes, Public Transit, etc.)</p> <p>Contact phone number: 417-339-4434</p> <p>Contact email: lisa.roberson@usc.salvationarmy.org</p> <p>Address: 1114 Stanley Street, Branson, MO 65616</p>	
LogistiCare	Missouri	<p>LogistiCare is the transportation broker for non-emergency medical transportation for individuals with MO Health Net (Medicaid).</p> <p>Contact phone number: 866-299-5927 (will need to call 5 calendar days before appointment)</p>	<p>https://www.oatstransit.org/taney</p>

Education & Literacy

Kirksville Area Technical Center	Kirksville, MO	<p>660-665-2865</p> <p>1103 South Cottage Grove, Kirksville, MO</p> <p>Services offered: Educational opportunities for high school students and adults. Testing services, are also provided for vocational rehabilitation clients. Career training program: automotive collision repair, automotive technology, business, construction trades, digital design and graphics, EMT, practical nursing, teaching careers</p>	
University Extension	Kirksville, MO	660-665-9866	<p>https://extension.misso</p>

Office		503 Northtown Road, Kirksville, MO Services Offered: educational and resource information covering a variety of materials to include but not limited to business and workforce, children and teens, family life, home and garden, and nutrition and health	uri.edu/counties/adair
Moberly Area Community College	Moberly, MO	101 College Avenue Moberly, MO 65270 Phone: 263-4110 Ext. 307 or 327	MACC.pdf
University of Missouri Extension	Moberly, MO	Address: MU Extension in Randolph County 509 W. Reed Street Moberly MO 65270 Phone: 660-269-9656 Office hours: 10 a.m. to 3 p.m. Monday through Friday	https://extension.missouri.edu/counties/randolph
Public Library	Festus, MO	FESTUS PUBLIC LIBRARY. 400 West Main Street Festus, MO 63028 Phone: 636-937-2017 Fax: 636-937-3439 Hours: 9:00 a.m. - 7:00 p.m. Mon-Thurs 9:00 a.m. – 5:00 p.m. Fri 9:00 a.m. - 2:00 p.m. Saturday Closed - Sun Site: https://www.cityoffestus.org/221/FestusPublic-Library Fee: Festus residents - free. Charge to persons living outside city limits \$30.00	https://www.cityoffestus.org/221/FestusPublic-Library
Municipal Library	Poplar Bluff, MO	318 N. Main Street, Poplar Bluff, MO 3398 Kanell,	https://poplarbluff.org/

		<p>Poplar Bluff, MO (573) 686 - 8639 library@poplarbluff.org Hours: Mon-Sat 10AM-6PM (318 N. Main Street, Poplar Bluff, MO); Tue-Sat 1PM-6PM (3398 Kanell, Poplar Bluff, MO)</p>	
Public Library	Farmington, MO	<p>Address: 101 N A St, Farmington, MO 63640 Hours: Mon-Thurs: Open 10AM · Closes 9PM Fri: Open 10AM · Closes 6PM Sat: Open 10AM · Closes 4PM Sun: Closed Phone: (573) 756-5779</p>	https://farmington-mo.gov/library/
Adult Education & Literacy	Rolla, MO	<p>The Ritenour Adult Education & Literacy (AEL) Program provides free services that help adult students obtain the skills necessary to earn a High School Equivalency (HSE) diploma, prepare for post-secondary education, become U.S. citizens, improve English-as-a-Second Language (ESL) proficiency, find and keep a job, and achieve other academic, employment, or personal goals. Students attending any classes in any program of AEL must be at least 17 years old or 16 years old with 16 high school credits, no longer attending high school, provide documentation from previous school, and attend a mandatory orientation.</p>	https://www.ritenour.k12.mo.us/domain/63
GED classes @ Ritenour School District	St. Louis, MO	<p>The Ritenour Adult Education & Literacy (AEL) Program</p>	https://www.ritenour.k12.mo.us/domain/63

		provides free services that help adult students obtain the skills necessary to earn a High School Equivalency (HSE) diploma, prepare for post-secondary education, become U.S. citizens, improve English-as-a-Second Language (ESL) proficiency, find and keep a job, and achieve other academic, employment, or personal goals. Students attending any classes in any program of AEL must be at least 17 years old or 16 years old with 16 high school credits, no longer attending high school, provide documentation from previous school, and attend a mandatory orientation.	
MoLearns - ONLINE High School Diploma Class	Missouri	MoLearns is Missouri's FREE high school equivalency (HSE) preparation online classroom. Complete your lessons online, 24/7 at home, when it is most convenient for your schedule.	http://molearns.com/

Veteran's Support

Veteran's Support/MACC	Kirksville, MO	660-263-4100 2105 E. Normal Street, Kirksville, MO Services Offered: educational needs and resources for veterans	https://www.macc.edu/veterans-benefits/
Veteran's Service Officer	Kirksville, MO	David Lee 660-785-2460 Courthouse 1st Floor, Kirksville MO, 63501	https://mvc.dps.mo.gov/

<p>Supportive Services for Veteran Families (SSVF), St. Patrick Center</p>	<p>Festus, MO</p>	<p>SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF), ST. PATRICK CENTER 130 Brandon Wallace Way Festus, MO 63028 Phone: 314-320-7989 or 314-315-5802 for Jefferson, St. Francois, Franklin & Washington counties 314-795-7011 or 314-701-6593 for Lincoln, Warren and St. Charles counties Fax: 636-931-4863 Email: mailto:rstanleyweber@stpatrickcenter.org Site: http://stpatrickcenter.org/ SERVICES OFFERED: SSVF is a Veterans Administration (VA) funded, short-term housing assistance program for veterans or a veteran family member in the same household who is homeless or in jeopardy of losing housing. SSVF includes case management services to help veteran families maintain housing once they have exited the program. We are currently serving the Missouri counties of Lincoln, Warren, St. Charles, Franklin, Jefferson Washington and St. Francois.</p>	<p>http://stpatrickcenter.org/</p>
<p>Veterans Substance Use Disorder (SUD) Program</p>	<p>St. Louis, MO</p>	<p>This program serves veterans of all branches of the United States military. You must be enrolled in the</p>	<p>https://www.mentalhealth.va.gov/substance-abuse/index.asp</p>

		<p>VA health care system (or qualify based on one of the exceptions in the law) Veteran/Service member's character of discharge or service must be under other than dishonorable conditions (e.g., honorable, under honorable conditions, general). However, individuals receiving undesirable, bad conduct, and other types of dishonorable discharges may qualify for VA benefits depending on a determination made by VA.</p> <p>The VA's Veterans Substance Use Disorder (SUD) Program provides effective, scientifically proven treatments for substance use problems for all eligible veterans, no matter where they come for services.</p> <p>A patient coming to VA can expect to find the following types of care:</p> <ul style="list-style-type: none">- First-time screening for alcohol or tobacco use in all care locations- Short outpatient counseling including focus on motivation- Intensive outpatient treatment- Residential (live-in) care- Medically managed detoxification (stopping substance use safely) and services to get stable- Continuing care and relapse prevention- Marriage and family	
--	--	--	--

		<p>counseling</p> <ul style="list-style-type: none"> - Self-help groups - Drug substitution therapies and newer medicines to reduce craving <p>VA providers know that in many cases substance use problems are continuing conditions that require care over a long period of time. For other veterans, the substance use problems may be resolved more quickly with attention paid to related problems. Such related problems could be posttraumatic stress disorder (PTSD), depression, pain, disturbed sleep, irritability, and/or relationship problems.</p> <p>Call 901-523-8990</p>	
Veteran Support	Farmington, MO	The City of Farmington is proud to support our service members, veterans and family members. The link below is a list of available resources.	https://www.farmington-mo.gov/veteran-resources-in-farmington
Veterans Service Office	Rolla, MO	Phelps County Missouri Veterans Service Office (St. James, MO): Tony Pridgeon, Veterans Service Officer 620 North Jefferson St. James, MO 65559-1999 Phone: (573) 265-7752	https://www.veteranownedbusiness.com/business/10804/phelps-county-veterans-service-office
VA Medical Center	Poplar Bluff, MO	John J. Pershing VA Medical Center 1500 North Westwood Blvd Poplar Bluff, MO 63901 573-686-4151 888-557-8262	https://www.poplarbluff.va.gov/

		The John J. Pershing VA Medical Center, located in Poplar Bluff, Missouri, provides primary care to veterans throughout 29 counties of Southeast Missouri and Northeast Arkansas. Approximately 50,000 veterans live in our service area and about 40 percent of them receive care at our Medical Center annually.	
VA St. Louis Health Care System	St. Louis, MO	The VA St. Louis Health Care System provides inpatient and ambulatory care in medicine, surgery, psychiatry, neurology, and rehabilitation, and many other subspecialty areas. It is a two-division facility that serves veterans and their families in east central Missouri and southwestern Illinois.	https://www.stlouis.va.gov/

Education

GED Testing	Online	GED testing can now be completed online. See link below or call 800-626-9433 for more information.	https://ged.com/take-the-ged-test-online/
-------------	--------	--	---

Free Legal Service and Pro Bono

St. Louis area	St. Louis, MO	Free pro bono and legal service for family custody	https://lsem.org/
Missouri	Missouri	Free pro-bono and legal	https://www.lsmo.org/

		service in east Missouri including St. Louis, for those who qualify. Basically, for low-income person.	node/967/how-apply-legal-aid
--	--	--	--

Jefferson County Treatment CT

Jefferson County Treatment Court and Alternative Groups Schedule Dec 2022 through June 2023	Jefferson County, MO	Jefferson County Treatment Court and Alternative Groups Schedule Dec 2022 through June 2023	Groups.pdf
---	----------------------	---	------------

Dental

Low No-Cost Dental Care	St. Louis, MO	A list of dental clinics in St. Louis, MO area that pays low or at no cost.	https://healthbehaviorcenter.wustl.edu/low-no-cost-dental-care-in-stl-area/
-------------------------	---------------	---	---