# Hannah Selene Szlyk, PhD, LCSW

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| **FACULTY APPOINTMENT** |  |  |
| 2022 | **Instructor, Research Faculty**  Department of Psychiatry  Washington University School of Medicine |  |
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| 2020-2021 | **Assistant Professor, Tenure Track**  School of Social Work  Rutgers, State University of New Jersey |  |
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| **EDUCATION** |  |  |
| 2018-2020 | **Postdoctoral Fellow**  Brown School, Washington University in St. Louis National Institute of Mental Health T32 Training Grant  The Center for Mental Health Services Research Mentors: Drs. Sean Joe, Leopoldo J. Cabassa, Patricia Cavazos-Rehg |  |
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| 2018 | **Doctor of Philosophy in Social Work**  University of Texas at Austin  School of Steve Hicks Social Work,  Dissertation: *The Role of School Environment and Life Stressors in Youth Suicidality*  Committee: Drs. Lauren Gulbas (chair), Cynthia Franklin, Yuri Jang, Sean Joe |  |
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| 2011 | **Master of Science in Social Work**  Columbia University School of Social Work |  |
|  |  |  |
|  | **Bachelor of Arts**  International Studies  Foreign Languages (Russian and Spanish)  Kenyon College, Gambier, OH |  |

**PUBLICATIONS**

**Journal Articles in Press or in Print**

1. Baiden, P., **Szlyk, H.S.**, Peoples, J., Vazquez, M., & Cavazos-Rehg, P. (Accepted).

Association between sexual identity, health risk behaviors, and mental health outcomes among

Black adolescents: Findings from the 2017 and 2019 Youth Risk Behavior Survey. *Journal of*

*Affective Disorders Reports.*

1. Baiden, P., Cavazos-Rehg, P., **Szlyk, H.S.,** Onyeaka, H. K., Peoples, J., Kasson, E., & Muoghalu, C. (Accepted). Sexual violence victimization and electronic vaping products use among adolescents. *Substance Use & Misuse.*
2. **Szlyk, H.S.**, Li, X., Kasson, E., Peoples, J., Montayne, N., Kaiser, N., & Cavazos-Rehg, P.

(Accepted). How do teens with a history of suicidal behavior and self-harm interact with

depression-related content on social media? *Journal of Adolescence*.

1. **Szlyk, H.S.**, Li, X., Filiatreau, L., Bierut, L.J., Banks, D., & Cavazos-Rehg, P. (Accepted).

Principal component regression analysis of familial psychiatric histories and suicide risk

factors among adults with opioid use disorder. *Journal of Psychiatric Research*.

1. Onyeaka, H. K., Muoghalu, C., Baiden, P., Okine, L., **Szlyk, H.S.,** Peoples, J., Kasson, E., Cavazos-Rehg, P., Firth, J., & Torous, J. (Accepted). Excessive screen time behaviors and difficulty concentrating among adolescents in the United States: Results from the 2017 and 2019 National Youth Risk Behavior Survey. *Psychiatry research*, *316*, 114740. <https://doi.org/10.1016/j.psychres.2022.114740>.
2. Onyeaka, H. K., Zambrano, J., **Szlyk, H.S.,** Baiden, P., Celano, C. Muoghalu, C., Enemuo, Va., Huffman, J., Torous, J., & Firth, J. (Accepted). Is engagement in physical activity related to its perceived mental health benefits among people with depression and anxiety? A population-scale survey study. *American Journal of Lifestyle Medicine.* https://doi.org/10.1177/1559827622111
3. **Szlyk, H.S.**, Motley, R., Joe, S., Nonas-Barnes, L., & Azasu, E. (2023). An examination of suicide risk among Black college students. *Social Work.* 68(1), 18-27.https://doi.org/10.1093/sw/swac046
4. Ziminski, D., **Szlyk, H.S**., Baiden, P., Okine, L., Onyeaka, H.K., Muoghalu, C., & Cavazos-Rehg, P. (Accepted). Association between sports- and physical activity-related concussions and mental health among adolescents: Findings from the 2017 and 2019 Youth Risk Behavior Survey. *Psychiatry Research.* *312*, 114542. https://doi.org/10.1016/j.psychres.2022.114542
5. Banks, D., Paschke, M., Li, X., Fentem, A., Rich, A., **Szlyk, H.S.,** & Cavazos-Rehg, P. (2022). COVID-19 and opioid use disorder recovery: Impact on vulnerable populations at the intersection of two U.S. epidemics. *Journal of Psychoactive Drugs*. https://doi.org/10.1080/02791072.2022.2079443
6. Baiden, P., **Szlyk, H. S.**, Cavazos-Rehg, P., Onyeaka, H. K., Peoples, J., Kasson, E. (2022). Use of electronic vaping products and mental health among adolescent high school students in the United States: The moderating effect of gender. *Journal of Psychiatric Research*. *147*, 24–33. <https://doi.org/10.1016/j.jpsychires.2021.12.050>.
7. **Szlyk, H.S.** (2021). Narratives of suicidality, academic failure, and resiliency: Implications for social work practice and research*. Journal of Systemic Therapies*. 40 (4), 46-66. https://doi.org/10.1521/jsyt.2021.40.4.46
8. **Szlyk, H.S.,** Tan, J., & Lengnick-Hall, R. (Online). Innovating technology-enhanced interventions for youth suicide: Insights for measuring implementation outcomes. *Frontiers in Psychology: Psychology for Clinical Settings*. doi:10.3389/fpsyg.2021.657303
9. **Szlyk, H.S.** (2021). Suicidal ideation among alternative high school students: The impact of student demographics, stressors, and academic self-concept. *Health & Social Work*.

https://doi.org/10.1093/hsw/hlaa028NIHMSID: NIHMS1595027

1. Roth, K. & **Szlyk, H.S**. (2020). Hotline use in the United States: Results from the Collaborative Psychiatric Epidemiology Surveys. *Administration and Policy in Mental Health and Mental Health Services Research.* <https://doi.org/10.1007/s10488-020-01089> PMID: 33057932.
2. **Szlyk, H.S. &** Tan, J. (2020). Role of technology across the continuum of care for youth suicidality: A systematic review. *Journal of Medical Internet Research*, 22(10): e18672

doi: [10.2196/18672](https://doi.org/10.2196/18672); PMID: [33034568](https://www.ncbi.nlm.nih.gov/pubmed/33034568)

1. **Szlyk, H.S.,** Berk, M., Ortin Peralta, A. & Miranda, R. (2020). COVID-19 takes adolescent suicide prevention to less charted territory. *Journal of Adolescent Health, 67,* 161-163. https://doi.org/10.1016/j.jadohealth.2020.05.046 PMCID: PMC7289090
2. **Szlyk, H.S.** (2020). Resilience among students at risk of dropout: Expanding perspectives on youth suicidality in a non-clinical setting. *School Mental Health*.doi: 10.1007/s12310-020-09366. NIHMSID: NIHMS1574487
3. **Szlyk, H.,** Deng, J., Xu, C., Krauss, M. & Cavazos-Rehg, P. (2020). Leveraging social media to explore the barriers to treatment among individuals with depressive symptoms. *Depression & Anxiety*. doi: 10.1002/da.22990 PMID: 31943530.
4. **Szlyk, H.S.,** Roth, K. & Garcia-Perdomo, V. (2020). Subgroups of suicidal texters engaging Crisis Text Line. *Psychiatric Services*, *71*(4), 319-327. doi:10.1176/appi.ps.201900149

PMID: 317958570

1. **Szlyk, H.S**., Berger-Cardoso, J., Lane, L. & Evans, K. (2020). Me perdía en la escuela. Latino newcomer youth in the U.S. school system. *Social Work*. doi: 10.1093/sw/swaa001/5814580
2. Gulbas, L.G., Guz, S. Hausmann-Stabile, C., **Szlyk, H.S**. & Zayas, L. (2019). Trajectories of

well-being among Latina adolescents who attempt suicide: A longitudinal qualitative analysis. *Qualitative Health Research*. doi: 10.1177/1049732319837541. PMID: 30920942; PMCID: PMC6765449

1. Gulbas, L.G., Hausmann-Stabile, C., & **Szlyk, H.S.** & Zayas, L. (2019).Evaluating the

interpersonal theory of suicide among Latina adolescents. *Qualitative Psychology*, *6*(3),

297-311. doi: 10.1037/qup0000131 PMID: 32051834; PMCID: PMC7015267.

1. **Szlyk, H.S.,** Azasu, E. & Joe, S. (2019). Firearm suicide as a human rights priority for prevention. *Washington University Journal of Law and Policy, 60*, 133-146.
2. **Szlyk, H.S**., Gulbas, L.G. & Zayas, L. (2018). “I just kept it to myself:” The roles of silence

and secrets among Latina teenage suicide attempters. *Family Process*. doi:10.1111/famp.12384 PMID: 30117539; PMCID: PMC6378134.

1. **Szlyk, H.S.** (2018).Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students. *Learning Environments Research*, 21(2), 195-209. doi:10.1007/s10984-017-9245.
2. Berger Cardoso, J., **Szlyk, H.S**., Goldbach, J., Swank, P.R. & Zvolensky, M.J. (2017). General and ethnic biased bullying among Latino Students: Exploring risks of depression, suicidal ideation, and substance use in a new immigrant destination city. *Journal of Immigrant and Minority Health.* doi:10.1007/s10903-017-0593-5. PMID: 28493116.
3. Gulbas, L, Zayas, L., Yoon, H., **Szlyk, H**., Aguilar-Gaxiola, S., & Natera, G. (2016). Deportation experience and depression among U.S. citizen- children with undocumented Mexican parents. *Child: care, health and* *development*, *42*(2), 220-230. doi: [10.1111/cch.12307](http://dx.doi.org/10.1111/cch.12307). PMID: 26648588; PMCID: PMC5053095
4. Fowler, J.C., Allen, J. G., Hart, J. M., **Szlyk, H**., Frueh, B. C., Ellis, T,&Oldham, J.M. (2014).

Intensive inpatient treatment improves emotion–regulation capacities among adults with severe mental illness. *Borderline Personality Disorder and Emotion Dysregulation, 1*(19), 1-10. doi: 10.1186/2051-6673-1-19 PMID: 26401732; PMCID: PMC4579504

**Journal Articles Under Review**

1. Bibbs, T.D., Wolfe-Taylor, S., Alston, N., Barron, M., Bradely S., Glennon, A., Muñoz-Najar, J., Nissen, Rios, J., **Szlyk, H**., & Young, J. (Under review). Constructing the future of social work tech habits of mind with the Ethical OS.
2. Filiatreau, L.M., **Szlyk, H.S.,** Kasson, E., Dickson, M.F., Banks, D., Winograd, R., Marrota, P., & Cavazos-Rehg, P. (Under review). Attitudes and subjective norms regarding medication for Opioid Use Disorder among individuals in treatment for Opioid Use Disorder in Missouri.
3. **Szlyk, H.S**., Gutierrez, Z. M., Peoples, J. Baiden, P., Doroshenko, C., Kasson, E.M., Cavazos-

Rehg, P. (Under review). Lack of readiness to stop using among adults with substance use

disorders: Findings from the National Survey on Drug Use and Health 2015-2019.

4. Baiden, P., Onyeaka, H.K., Aneni, K., Muoghalu, C., Wood., B., LaBrenz, C., Peoples, J.E.,

**Szlyk, H.S**., et al., (Under review). Perceived racial discrimination and polysubstance use among racial/ethnic minority adolescents in the United States.

**Journal Articles in Progress**

1. **Szlyk, H.S.**, Baiden, P., Muoghalu, C., & Onyeaka, H.K. (In progress). Service utilization among youth with co-occurring suicidal behaviors and substance use.
2. Kasson, E., Vázquez, M. M., Doroshenko, C., **Szlyk, H.S.**, Montayne, A., Fitzsimmons-Craft,

E.E., Wilfley, D.E., Taylor, C.B., and Cavazos-Rehg., P.A. (In progress). Factors influencing engagement with an *m*Health intervention among teens with eating disorder symptoms recruited from social media.

1. Kasson, E., Szlyk, H.S., Li, X., Sirko, G., Rehg, I., Vázquez, M.M., Wilfley, D.E., Taylor,

C.B., & Fitzsimmons-Craft, E.E. (In progress). Mental health risk and preferences for treatment among sexual and gender diverse youth engaged with a digital intervention for eating disorders.

1. Filiatreau, L.M., Szlyk, H.S., Ramsey, A., Montayne, M., Kasson, E., & Cavazos-Rehg, P. (In progress). Sociodemographic differences in engagement with a mobile application to support recovery from opioid and stimulant use disorders in Missouri.
2. **Szlyk, H.S.**, Lew, D., Li, X., Filiatreau, L.M., Peoples, J.E., Kasson, E., Cavazos-Rehg, P. Mental health behaviors and suicide risk among White and Black adults with Opioid Use Disorder. In progress.
3. Szlyk, H.S., Constantino-Petit, Li, X. A., Kasson, E., Montayne, A., Banks, D., & Cavazos-Rehg, P. (In progress). Self-Identified Stage in Recovery and Substance Use Behaviors among Pregnant and Postpartum Women and People with Opioid Use Disorder.

**Book Chapters in Print or in Press**

1. **Szlyk, H.S.** & Hutchison, C. (In press). Suicide assessment. In C. Franklin (Ed.), *School Services Sourcebook, Third Edition*. New York, NY: Oxford University Press.
2. Singer, J.B, **Szlyk, H.** & McManama O’Brien, K.M. (2022). Assessment, prevention, and intervention with suicidal youth. In K. Corcoran & A.R. Roberts (Eds.), *Social Workers’ Desk Reference*. New York, NY: Oxford University Press.
3. **Szlyk, H.S.**, Singh, T., & Reyes-Portillo, J. (2021). Technology-enhanced interventions for youth suicide prevention: Implications for research and practice. In R. Miranda & E. Jeglic (Eds.), *Handbook of Youth Suicide Prevention: Integrating Research into Practice*. Springer Nature: Gewerbestrasse, Switzerland.
4. Franklin, C., Webb, L. & **Szlyk, H.** (2016). Alternative education. *Encyclopedia of Social*

*Work, On-line*. New York, NY: Oxford University Press.

1. Franklin, C., Kelly, M.S. **Szlyk, H.S**. (2016). Alternative schools. *Encyclopedia of Adolescence, Living Reference Work.* New York, NY: Springer-Verlag.
2. Jordan, C., Vandiver, V., **Szlyk, H.**, Nagoshi, J. & Nagoshi, C. (2016). Families who are multistressed. In C. Jordan, & C. Franklin (Eds.) *Clinical Assessment for Social Workers, (4th Edition)*, Chicago, IL: Lyceum Book Inc.

**Technical Reports**

1. Lopez, M.A., Cohen, D.A., & **Szlyk, H**. (August, 2014). *Texas Family Partner Evaluation: Addendum*. Texas Institute for Excellence in Mental Health, Steve Hicks School of Social Work, University of Texas at Austin.

**Magazine Articles and Practice Publications**

**Szlyk, H. (**2014, September 30). Is anomie the enemy? Another perspective on the increase in school

shootings. [Web blog post]. Retrieved from http://saynotostigma.com/2014/09/is-anomie-the-enemy-another-perspective-on-the-increase-of-school-shootings/.

**Szlyk, H.** (2013, April 12). The shame game: obesity as an indication of an increase in disordered

eating and poor body image. [Web blog post]. Retrieved from <http://saynotostigma.com/2013/04/the-shame-game-obesity-as-an-indication-of-an-increase-in->disordered-eating-and-poor-body-image/.

**Szlyk, H.** (2013, Feb. 28). Can we handle the truth? Exploring society’s drive for the idealized image.

[Web blog post]. Retrieved from <http://saynotostigma.com/2013/02/can-we-handle-the-truth->exploring-societys-drive-for-the-idealized-image/.

Wagner, R., MacCaughelty, C., Morgan, K., & **Szlyk, H**. (2012, April 5).The silent victims: More

men have *eating disorders than ever before. The Atlantic Monthly.Com*. Retrieved from http://www.theatlantic.com/health/archive/2012/04/the-silent-victims-more-men-have-eating-disorders-than-ever-before/255171/.

**PRESENTATIONS**

# International or National Conferences

Filiatreau, L., Dickson, M., **Szlyk, H.**, Kasson, E., Marotta, P., Cavazos- Rehg, PA. (2022). Differences

in recovery attempts and facilitators of opioid use abstinence among individuals with and without prior involvement with the justice system.*Academic Consortium on Criminal Justice Health* (ACCJH) Annual Conference.

Peoples, J., Hunter, F.H., Butler-Barnes, S., Baiden, P., **Szlyk, H.**, & Duncan, A. (2022). Examining co-occurring depression and vaping among Black college students at the intersection of sexual orientation and gender identity: Findings from the 2018-2019 Healthy Minds Study. Paper presented at the annual conference of the American Public Health Association, Boston, MA.

**Szlyk, H.S.**, Li, X., Filiatreau, L., Bierut, L.J., Banks, D., & Cavazos-Rehg, P. (2022). Principal

component regression analysis of familial psychiatric histories and suicide risk factors among adults with opioid use disorder. Paper presented at annual conference of the College on Problems of Drug Dependence, Minneapolis, MN.

**Szlyk, H.S.**, Peoples, J., & Baiden, P. (2022). Sexual identity, Sex of Sexual Contact, and

Suicidal Behaviors Among Black adolescents: Does Sexual Activity Matter? Panel presented

at the Youth Suicide Research Consortium (online).

**Szlyk, H**, Tan, J. & Lengnick-Hall, R. (2021). *Where is implementation science in youth suicide research?: A review of implementation outcomes among technology-enhanced suicide interventions*. Paper presented at the American Association of Suicidology National Conference (hybrid), Orland, FL.

Carlson, M., Dennis, T., Glenn, C., Gould, M., Moser, E., Murphy, E., Reyes-Portillo, J. & **Szlyk, H.**

(2020). *Leveraging technologies to study suicide-related disparities among diverse youth*. Panel presented at the inaugural Youth Suicide Research Consortium National Conference (online).

**Szlyk H.** (2019). *Social work training and a public health crisis: Lessons from suicide research*.

Oral paper presented at the Council on Social Work Education conference, Denver, CO.

**Szlyk, H.** (2019). *Resilience among students at risk of drop-out: Expanding perspectives on youth*

*suicidal ideation in a non-clinical setting*. Oral paper presented at the American Association of Suicidology conference, Denver, CO.

**Szlyk, H.** (2019). *Suicidal ideation among alternative high school students: the impact of student*

*demographics, stressors, and academic self-concept*. Oral paper presented at the Society for Social Work Research conference, San Francisco, CA.

**Szlyk, H.**, García-Perdomo, V. & Filbin, B. (2018). *Who is most vulnerable?: Relationships between*

*psychosocial issues and imminent risk of suicide among Crisis Text Line users with histories of suicidality*. Oral paper presented at the National Institute for Mental Health Mental Health Services Research conference, Washington, DC.

**Szlyk, H.**, Berger-Cardoso & Lane, L. (2018). *“Me perdia en la escuela:” Latino newcomer youth in*

*the U.S. school system.* Oral paper presented at the annual Society for Social Work Research (SSWR) Conference, Washington, DC.

La Brenz, C., Kim, Y., Olcon, K., Bender, A. & Pulliam, R. (2017). In **H. Szlyk** (Moderator),

*Breaking the silence: The unacknowledged role of whiteness in social work.* Panel

Presented at the annual Council on Social Work Education (CSWE) Conference, Dallas, TX.

Borelli, K., Diaz-Strong, D.X., Faulkner, M., **Szlyk, H.** & Velazquillo, A. (2017). In A. Webb

(Moderator), *Strategizing social work practice with immigrant populations in the current*

*political climate*. Panel presented at the annual Society for Social Work and Research (SSWR)

Conference, New Orleans, LA.

Berger Cardoso, J., **Szlyk, H.**, Goldbach, J., Swank, P. & Zvolensky, M. (2017). *Testing the*

*association between general bullying, ethnic-based bullying, suicidal ideation and substance use in Hispanic youth.* Oral paper presentation presented at the annual Society for Social Work and Research (SSWR) Conference, New Orleans, LA.

**Szlyk, H.** (2017). *Fostering independence through an academic culture of social responsibility: A*

*grounded theory for engaging at-risk students*. Oral paper presentation presented at the annual

Society for Social Work and Research (SSWR) Conference, New Orleans, LA.

**Szlyk, H.**, Zayas, L. & Gulbas, L. (2016). Threats to well-being among citizen-children living with

undocumented parents. In A. Rivera (Moderator), *Mixed-status immigrant families and child*

*well-being*. Break-out session conducted at the Research and Evaluation Conference on Self-Sufficiency (RECS), Washington, DC.

**Szlyk, H.,** O’Brien, K., Almeida, J. & Singer, J.B. (2016). *Understanding youth suicidality through*

*qualitative methods.* Symposium presented at the annual American Association of Suicidology conference. Chicago, IL.

**Regional or local Conferences**

Kasson, E.,**Szlyk, H.S.**, Li, X., Vázquez, M.M., Smith, A.C., Wilfley, D.E., Taylor,

C.B., Fitzsimmons-Craft, E.E., Cavazos-Rehg, P.A.(2022, October). *Eating disorder symptoms and characteristics among teens recruited via two online outreach approaches.*Poster presented at the Institute for Public Health 15th Annual Conference, St. Louis, MO, USA.

Kasson, E., **Szlyk, H.S.**, Li, X., Sirko, G., Rehg, I., Vázquez, M.M., Wilfley, D.E., Taylor,

C.B., Fitzsimmons-Craft, E.E.(2022, October) *Mental health risk and preferences for treatment among sexual and gender diverse youth engaged with a digital intervention for eating disorders.* Poster presented at the Institute for Public Health 15th Annual Conference, St. Louis, MO, USA.

**Szlyk, H.** (2017, February). *Prevention starts here: Working with suicidal teens in schools*.

Presentation presented at the Texas School Social Work Conference, Austin, TX.

**Szlyk, H.** (2014, November). *Losing a client to suicide: the experience of a mental health provider.*

Speech presented at the American Foundation for Suicide Prevention of Central Texas

International Survivors of Suicide Loss Day meeting, Austin, TX.

Wagner, R., MacCaughelty, C., Morgan, K., Newlin, E., Peters, C., **Szlyk, H.,** & Webb, C. (2013,

May). *Interprofessional treatment of eating disorders: A case study.* Continuing education panel presented at The Menninger Clinic, Houston, TX.

**Poster Presentations**

**Szlyk, H.S.**, Lew, D., Li, X., Filiatreau, L.M., Peoples, J.E., Kasson, E., Cavazos-Rehg, P. (2023). Race

and Mental Health among Adults with Opioid Use Disorder. Accepted for presentation at the American Society for Addiction Medicine 54th Annual Conference in Washington, DC.

**Szlyk, H.S.,** Li, X; Kasson, E., Peoples, JaNiene, & Cavazos-Rehg, P. (2022). Exploring preferences for outreach and the impact of engaging with depression-related social media content: Self- reported responses from teens who have experienced self-injury and suicidal ideation. Poster

presented at the Society for Adolescent Health & Medicine, virtual.

**Szlyk, H.S.** & Tan, J. (2021). *Role of technology across the continuum of care for youth suicidality: A*

*systematic review*. Poster presented at the annual conference for the Society for Social Work Research, virtual.

**Szlyk, H.S**., Joe, S. & Lindsay, R. (2020). *Assessing school-based suicide prevention and intervention*

*capacity*. Poster presented at the annual conference for the Society for Social Work Research, Washington, DC.

Gulbas, L.G., Hausmann-Stabile, C., **& Szlyk, H.S.** & Zayas, L. (2018). *Testing Joiner’s Interpersonal*

*Theory Suicide among Latina adolescent suicide attempters.* Poster presented at the annual conference for the Society for Social Work Research, Washington, DC.

**Szlyk, H.** & Gulbas, L. & Zayas, L. (2017). *“I just kept it to myself:” The role of secrets and silence*

*among Latina suicide attempters.* Poster presented at the IASR/AFSP International Summit on

Suicide Research, Las Vegas, NV.

**Szlyk, H**. & Espinosa, E. (2016). *Youth with suicidal ideation and justice system involvement:*

*identifying the impact of gender, race, offense, suicide ideation and trauma on placement on out-of-home placement*. Poster presented at the annual American Association of Suicidology conference. Chicago, IL.

**Szlyk, H.**, Franklin, C., Gulbas, L. & Armour, M. (2015).  *How do teachers maintain at-risk students*

*in the classroom?: A preliminary grounded theory on teacher decision-making in a solution-focused alternative high school.*Poster presented at the Solution-Brief Therapy Association annualconference, Wilmington, NC.

**Szlyk, H.,** Lopez, M., Cohen & Heise, J. (2015, April). *The quest for zero: an assessment of workforce*

*readiness and training within a state-wide suicide prevention initiative*. Poster presented at the American Association of Suicidology Annual Conference, Atlanta, GA.

**Szlyk, H.** & Wagner, R. (2013, May*). Eating disorder not otherwise specified (ED NOS) and*

*symptom severity: Assessing the correlation between the severity of an eating disorder and suicide risk*. Poster presented at the Academy of Eating Disorders International Conference on Eating Disorders 2013, Montreal, CA.

**Szlyk, H.** &Wagner, R. (2012, November*). Eating disorder NOS and suicidal ideation: Is risk*

*overlooked in “unspecified” and secondary eating disorder diagnoses?.* Poster presented at the 2nd Annual Renfrew Center Foundation Eating Disorders Conference, Philadelphia, PA.

**Workshops**

**Szlyk, H.** & Franklin, C. (2015, November). *Training teachers to use SFBT: Lessons from Gonzalo*

*Garza Independence High School*. Workshop presented at the Solution-Focused Brief Therapy Associationannual conference, Wilmington, NC.

**Szlyk, H.** (2013, March). Patient educational workshop on self-image and resiliency presented at The

Menninger Clinic, Houston, TX.

**Guest Presentations or Lectures**

**Szlyk, H.** (2023). Leveraging mHealth to support adolescents with substance use disorders and commonly occurring mental health disorders. Presented at the Washington University School of Medicine Mentored Training Program in Clinical Investigation.

**Szlyk, H**., Nonas-Barnes, L., & Anestis, M. (2022). Preventing firearm suicide by phone:   
An examination of means safety practices across US crisis centers. Presented at New Jersey Gun Violence Research Center Research Day (online).

**Szlyk, H**. (2021, November). *Using social media to inform adolescent mental health needs*. Panel presenter at Washington University School of Medicine Ground Rounds: Early Career Researchers, virtual.

**Szlyk, H.** (2021, April). *Social determinants of mental health services: Strategies to serve today’s*

*youth*. Invited panel presentator at 2021 United Nations Side ECOSOC Youth Forum Side Event by Trust for Youth and Child Leadership International.

**Szlyk, H.** (2021, February). *Research with high-risk populations: A case for qualitative methods*. Guest lecture at Masters in Health Science Foundations of Healthcare Research course (P. Cavazos- Rehg), at Washington University in St. Louis School of Medicine, Missouri.

**Szlyk, H.** (2020, January). *Suicidality and the role of technology-enhanced interventions*.

Colloquium given to Columbia University School of Social Work.

**Szlyk, H.** (2020, January). *Suicidality and the role of technology-enhanced interventions*.

Colloquium given to Tulane University School of Social Work.

**Szlyk, H.** (2019, December). *Suicidality and the role of technology-enhanced interventions*.

Colloquium given to Rutgers University School of Social Work.

**Szlyk, H.** (2019, December). *Suicidality and the role of technology-enhanced interventions*.

Colloquium given to the Department of Social Welfare at the Luskin School of Public Affairs at the University of California in Los Angeles.

**Szlyk, H.** (2019, September). *Suicidality and the role of technology-enhanced interventions*. Monthly

seminar for the Center for Mental Health Services Research given to the Brown School at Washington University in St. Louis, Missouri.

**Szlyk, H.** (2019, April). *A case for qualitative methods*. Guest lecture at Masters in Health Science

research methods course (P. Cavazos-Rehg), at Washington University in St. Louis, Missouri.

**Szlyk, H.** (2018, October). *Youth suicide and telehealth: What can youth text messages tell us about*

*suicidal distress and service effectiveness of a national crisis hotline?.* Monthly seminar for the Center for Mental Health Services Research given to the Brown School at Washington University in St. Louis, Missouri.

**Szlyk, H.** (2018, January). *Toward a social work approach to youth suicidal behaviors.* Colloquium

given to the Silberman School of Social Work in New York, New York.

**Szlyk, H.** (2018, January). *Toward a social work approach to youth suicidal behaviors.* Colloquium

given to the Jane Addams College of Social Work at the University of Illinois in Chicago.

**Szlyk, H.** (2018, May).*Final dissertation report to PEO Austin Chapter*. Guest lecture on dissertation

study results given to local PEO chapter members in Austin, Texas.

**Szlyk, H.** (2018, May). *Dissertation project results and implications for Garza*. Guest lecture given to

high school staff in completion of dissertation study at Garza Gonzalo High School in Austin, Texas.

**Szlyk, H.** (2017, October). *Individual and family practice with suicidal youth.* Guest lecture given to

Undergraduate students at the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.

**Szlyk, H.** (2017, August). *Our students and ourselves:* *Supporting while preparing social work*

*students for the work ahead*. Guest lecture given to faculty and staff at Our Lady of the Lake University, Worden School of Social Service, San Antonio, Texas.

**Szlyk, H.** (2017, February). *Working with suicidal teens as a new social worker*. Guest lecture given to

undergraduate students in the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.

**Szlyk, H.** (2016, September). *Working with high risk and suicidal teens*. Guest lecture given to

undergraduate students in the Individuals and Families course at the University of Texas at Austin Steve Hicks School of Social Work.

**Szlyk, H.** (2016, February). *Suicide assessment*. Guest lecture given to Masters students in the Clinical

Assessment and Differential Diagnosis course at the University of Texas at Austin Steve Hicks School of Social Work.

**Szlyk, H.** (2015, August). *Working with suicidal teens in schools*. Guest lecture given to school staff

and teachers at the Garza Independence Alternative High School in Austin, Texas.

**Szlyk, H.** (2014, April). *DSM, ED, and the real world*. Guest lecture given to students at the University

of Houston Graduate School of Social Work, Houston, TX.

**Szlyk, H.** (2014, January). *Body image: an inconvenient truth*. Guest lecture given to students at The

Kinkaid School, Houston, TX

**Szlyk, H.** (2013, July). Feeding a distorted image: challenging the public & professional stereotypes of

eating disorders. Second year fellowship presented at The Menninger Clinic, Houston, TX.

**Szlyk, H.** (2012, August). First year fellowship presentation on eating disorders and suicide risk

presented at The Menninger Clinic, Houston, TX.

**Szlyk, H**. (2012, January). Case presentation presented at Baylor College of Medicine Case Conference

for Psychiatric Residents, Houston, Texas.

# RESEARCH INTERESTS AND EXPERIENCE

**Interests**

Technology-enhanced mental health and/or substance use interventions for underserved populations; suicide prevention and intervention; community-based and culturally tailored interventions; mental and behavioral health services research; treatment and service engagement; qualitative research methods (grounded theory and thematic analysis)

**Grants Under Review**

**K01 NIH HEAL Initiative**

Leveraging mHealth to Increase Health Equity among Black Individuals with Opioid Use Disorder and Commonly Occurring Mental Health Disorders

**Role:** PI

**Total Effort Proposed:** 100%

**Grants Accepted**

**K12 DA041449-05 Washington University Career Development Program in Drug Abuse and Addiction (Bierut & Cavazos-Rehg, MPIs),**

05/2022-

**Continued Recovery from Opioid Use Disorder among Pregnant and Postpartum People**

**Role:** Scholar

**Total Research Costs:** $50,000 (fellowship also includes salary and tuition support)

**R24 DA051988, Advancing the Science on Recovery Community Centers (RCCs) (Kelly & Hoeppner, MPIs)**

**Dates**: 03/2022-03/2023

**A Digital Therapeutic Intervention to Link Pregnant and Postpartum Women with OUD to RCCs (MPI: Cavazos-Rehg)**

The study intends to recruit PPW with OUD who are currently participating in MOUD as part of their treatment and recovery plans. The study’s findings will inform how RCCs can best support PPW with ongoing adherence to MOUD, continue to provide education about MOUD post-discharge, and determine other areas for RCC resource development that fit the needs of PPW with OUD.

**Role:** Co-Principal Investigator

**Total Costs:** $29, 942

**Grants Completed**

**National Jersey Gun Violence Research Center- Rutgers University**

**Dates:** 7/1/21-6/30/22

**Preventing firearm suicide by phone: An examination of means safety practices across US crisis centers (MPI: Anestis)**

The study employs a sequential mixed methods design to understand the current use and attitudes toward firearm mean safety throughout crisis centers, and to identify barriers to using such

practices with diverse callers at risk of suicide. Participants include crisis counselors and crisis center administrators who are affiliated with nation-wide crisis center programs.

**Role:** Co-Principal Investigator

**Total Costs:** $58,641

**PEO International**

**Dates:** 07/10/17-03/11/18

**The Role of School Environment and Life Stressors in Youth Suicidality (PEO Scholar Award; PI: Szlyk)**

The P.E.O. Scholar Awards are one-time, competitive, merit-based awards intended to recognize and encourage academic excellence and achievement by women in doctoral-level programs. These awards provide partial support for study and research. The funding supported the set up costs and cost of transcription for the dissertation project.

**Role:** Principal Investigator

**Total Costs:** $15,000

**The Hogg Foundation**

**Dates**: 06/30/17-5/30/18

**The Role of School Environment and Life Stressors in Youth Suicidality (The Frances Fowler Wallace Dissertation Award; PI: Szlyk)**

The annual award funds dissertation research by doctoral students in Texas. The funding was used to purchase standardized instruments and pay for printing during the quantitative stage of the dissertation project.

**Role**: Principal Investigator

**Total Costs:** $1,453

**The Hogg Foundation**

**Dates:** 06/15/17-5/15/18

**The Role of School Environment and Life Stressors in Youth Suicidality (Moore Fellowship for Doctoral Research; PI: Szlyk)**

The annual award funds doctoral research which has a focus on the mental health needs of Texans. The funding was to support the dissertation project, specifically to to hire a research assistant, provide compensation to participants, and purchase related materials for both stages of the mixed methods project (e.g. software, recorders). The dissertation project aimed to examine and understand suicidality among students attending a public, alternative high school in central Texas.

**Role:** Principal Investigator

**Total Costs:** $20,000

# University of Texas at Austin Health Communications Scholars Program

**Dates:** 06/11/16-06/13/17

# Crisis text lines as youth life lines: Examining the utility of the Crisis Text Line program with suicidal teenagers (PI Szlyk)

The Scholars Program supported university-wide doctoral research that focused on or related to the field of health communications. This project included an exploratory study of text messages from Crisis Text Line hotline users who endorsed suicidality. The investigators partnered with the Crisis Text Line hotline organization for data access.

**Role:** Principal Investigator

**Total Costs:** $2,000

# Solution-Focused Brief Therapy Association

**Dates:** 10/5/15-10/1/16

**Fostering independence through an academic culture of social responsibility: A grounded theory for engaging at-risk students (SFBTA Research Award; PI: Szlyk)**

The funding supports original research on solution-focused practices. This study used a grounded theory approach to understand how teachers employ solution-focused strategies to support students at an alternative high school.

**Role:** Principal Investigator

Total Costs: $2,500

**Experience**

**Washington University in St. Louis, The Brown School**

**Dates:** 09/4/18- 06/15/20

**The Race and Opportunity Lab (PI: Joe)**

The lab has several current goals: the development and launch of HomeGrownSTL project (NIMH R01 funding recently announced), which focuses on the upward social mobility of Black boys and young men living in St. Louis, MO; local and national reporting on the health and wellbeing of young Black males and their families in the U.S.; manuscript and grant development on suicidality among Black children, youth, and families; academic discussion on the topic of race in science via ongoing book club.

**Role:** Lab member

**National Institute of Mental Health**

**Dates: 6/15/18-6/15/20**

**Post-doctoral training fellowship in Mental Health Services Research (T32 MH019960-23;**

**PI: Cabassa)**

The major goal for this grant is to establish a pre-doctoral and post-doctoral Mental Health Services Research Training Program that will train Ph.D. level researchers who are knowledgeable about the prevalence of mental disorder, the history and trends in public and private service delivery, sources and patterns of funding, and the design, measurement, and analysis issues in studying mental health services and their component treatment.

**Role:** Post-doctoral research scholar

**The University of Texas Public Health Initiative Level II Grant Program,**

**Population Research Center**

**Dates:** 10/10/16-10/15/17

**Examining Disparities in Internalizing Disorders among Mexican American Youth (PIs: Gulbas, Calzada, Kim &Hausmann-Stabile)**

The purpose of this grant is to develop a model of Latino child internalizing disorders and test the feasibility of recruitment procedures with Latino families and children in sites across Texas.

**Role:** Pre-Doctoral Research Assistant

# The University of Texas Office of the Vice President Special Research Grant

**Dates:** 10/10/14-9/30/15

**Immigrant-Related Stress and Suicidal Behavior among Latino Adolescents (PI: Gulbas)**

The purpose of this pilot project was to identify perceived factors that contribute to experiences of psychosocial adversity and resiliency among Hispanic immigrant teens as related to suicidal behavior.

**Role:** Pre-Doctoral Research Assistant

**National Institute of Mental Health**

**Dates:** 09/10/14-02/11/15

**The Texas Body Project (NIMH; R01MH086582; PI Stice)**

The Body Project is a dissonance-based body-acceptance program designed to help high school girls and college-age women resist cultural pressures to conform to the appearance ideal standard of female beauty and reduce their pursuit of unrealistic bodies. This trial was conducted with college female students at a Texas university.

**Role:** Group Facilitator

**Substance Abuse and Mental Health Services Administration**

**Dates:** 6/15/14-8/20/15

**Zero Suicides in Texas (PI: Heise)**

This grant supported the Texas Institute for Excellence in Mental Health’s evaluation of the launch of a Zero Suicide program in partnership with the Texas Department of State Health Services, Mental Health America of Texas, and local community mental health agencies**.**

**Role:** Pre-Doctoral Researcher Assistant

**Substance Abuse and Mental Health Services Administration**

**Dates:** 6/15/14-8/20/15

**Achieving a Texas System of Care (PI: Hammack)**

This grant supported the Texas Institute for Excellence in Mental Health’s evaluation of the launch of the Texas System of Care program in partnership with the Texas Department of State Health Services, Mental Health America of Texas, and local community mental health agencies**.**

**Role:** Pre-Doctoral Researcher Assistant

**The Menninger Clinic, Houston, Texas**

**Dates:** 10/5/11-08/12/13

**Eating Disorder Research Group (PI: Wagner)**

The main goals of the research group were to conduct quantitative analysis of patient data specifically on eating disorder and suicidal outcomes, collaborate on article development, present findings at national and international conferences, and lead both in-house and community-based presentations on the risk of suicide among eating disorder patients.

**Role:** Lab member

**TEACHING INTERESTS AND EXPERIENCE**

**Interests**

Foundations of social work practice; human behavior and the social environment (HBSE); clinical work with suicidal and high-risk individuals; qualitative research methods; research design and data collection; social justice and critically- informed research

**Experience**

**Undergraduate Education (BSW)**

Fall 2017 **Assistant Instructor**

University of Texas at Austin, Steve Hicks School of Social Work

*Human Behavior in the Social Environment*

* Updated course curriculum with current and timely materials
* Facilitated committee discussion of how course content relates to practice and research
* Assisted students in development of writing skills and critical thinking related to social work approaches and theories

Spring 2017**Teaching Assistant for Lauren Gulbas, PhD**

University of Texas at Austin, Steve Hicks School of Social Work

*Human Behavior in the Social Environment*, undergraduate students

* Graded weekly assignments, exams and papers
* Provided after-class consultation on class content and assignments
* Helped to foster student writer and research project development

Spring 2016 **Teaching Assistant for Lauren Gulbas, PhD**

University of Texas at Austin, Steve Hicks School of Social Work

*Human Behavior in the Social Environment*, undergraduate students

* Responded to and consulted on student emotional response to class content
* Held weekly office hours with students to discuss assignments and class-related questions
* Served as a substitute facilitator for class on community work
* Assisted in creating exams and quizzes.

Spring 2015 **Teaching Assistant for Lauren Gulbas, PhD**

University of Texas at Austin, Steve Hicks School of Social Work

*Foundations of Social Justice*, undergraduate students

* Graded exams and research papers and essays
* Evaluated student writing skills

**Masters in Social Work (MSW)**

Spring 2021 **Instructor**

Rutgers University School of Social Work

*Clinical Social Work II*, graduate students

* Educates students about theories and frameworks of group, family, and couples therapy
* Prepares students to practice group, family, and couples therapy
* Prepares students to ask for and provide peer feedback on clinical cases

Fall 2020  **Instructor**

Rutgers University School of Social Work

*Clinical Social Work I*, graduate students

* Educates students about psychodynamic and cognitive behavioral theory and therapy, and dialectical behavioral therapy
* Prepares students to conduct case assessments
* Prepares students to ask for and provide peer feedback on clinical cases

Fall 2016 **Teaching Assistant for Lauren Gulbas, PhD**

University of Texas at Austin, Steve Hicks School of Social Work

*Foundations of Social Justice*, graduate students

* Helped students to develop critical thinking and writing skills and APA formatting
* Prepared class materials, including readings and hand-outs
* Assessed and monitored student personal and professional growth and consulted with faculty

Fall 2014**Teaching Assistant for Lauren Gulbas, PhD**

University of Texas at Austin, Steve Hicks School of Social Work

*Foundations of Social Justice*, Graduate students

* Graded exams and written reports
* Assisted in syllabus and web-based course platform preparation

**CLINICAL and PRACTICE EXPERIENCE**

Fall 2016 Pro bono assistance to asylum seekers, Greater Austin, Texas

*Mental Health Consultant*

January 2015- Gonzalo Garza Independence High School, Austin, TX

2018 *Contract Therapist*

September 2013-Micki Grimland, LCSW and Southwest Psychotherapy Associates,

June 2014 Houston, TX

*Contract Therapist*

October 2013- Houston Eating Disorder Center, Houston, TX

April 2014 *Primary Therapist*

September 2011- The Menninger Clinic, Houston, TX

August 2013 *Post-Masters Social Work Fellow*

September 2010- Mount Sinai Hospital, Child, Adolescent and Family Services/ Outpatient April 2011 Child Psychiatry, New York, NY

*Social Work Intern*

June 2010- New York State Psychiatric Institute, Washington Heights Community

August 2010 Service Unit, New York NY

*Social Work Intern*

September 2009- Turnaround for Children, Middle School 118, Bronx, NY

May 2010  *Social Work Intern*

# SCHOLARSHIPS and AWARDS

2022 Scholar, Mentored Training Program in Clinical Investigation (MTPCI)

Washington University School of Medicine

2022 National Institute of Drug Abuse (NIDA) K12 Career Development

Award Program in Substance Use and Substance Use Disorder

2021- Research Fellow, Crisis Text Line

Sponsored by the Robert Wood Johnson Foundation

2020-2021 Fellow, Social Work Health Futures Lab

Portland State University, School of Social Work

Sponsored by the Robert Wood Johnson Foundation and the Institute for

the Future

Summer 2019 Participant, Summer Institute in Computational Social Science (SICSS)

Hunter College (CUNY) location, New York, NY

2017 Professional Development Award

University of Texas at Austin Graduate School ($300)

2017-2018 Harry E. and Bernice M. Moore Fellowship

Project: *The Role of School Environment and Life Stressors in*

*Youth Suicidality*

The Hogg Foundation for Mental Health ($ 20,000)

2017-2018 Frances Fowler Wallace Memorial for Mental Health Dissertation Award

The Hogg Foundation for Mental Health ($1,453)

2017-2018 PEO Scholar Award

Project: *The Role of School Environment and Life Stressors*

*in Youth Suicidality*, PEO International Women’s Organization ($15,000)

2017 Graduate Student Summer Fellowship,

University of Texas at Austin Graduate School ($7,000)

2017 New Writers’ Fellowship

Family Process Institute, Northwestern University ($300)

2016-2017 David M. and Zuria F. Austin Endowed Graduate Fellowship,

University of Texas at Austin Steve Hicks School of Social Work ($2,000)

2016-2017 Health Communications Scholarship Program,

Project: *Crisis text lines as youth life lines?: Examining the utility of the Crisis Text Line program with suicidal teenagers*

University of Texas at Austin Moody School of Communications ($2,000)

June, 2016 Professional Development Award, University of Texas at Steve Hicks Austin School of Social Work ($300)

March, 2016 Professional Development Award, University of Texas at Austin,

Steve Hicks School of Social Work ($300)

2015-2016 The Solution-Focused Brief Therapy Association Research Award

Project: *Fostering independence through an academic culture of social*

*responsibility: A grounded theory for engaging at-risk students*,

The Solution-Focused Brief Therapy Association (SFBTA) ($2,000)

2014-2016 Stella Churchill Mullins Endowed Presidential Scholarship in Social Work, University of Texas at Austin Steve Hicks School of Social Work ($5,000)

**UNIVERSITY SERVICE**

2020-2021 Clinical Specialization Faculty and Instructor Group

Rutgers University School of Social Work

*Faculty group member*

2020 Election and Post-Election Debriefing Committee

Rutgers University School of Social Work

*Planning committee member*

2019-2020 Washington University Post-Doctoral Symposium

*Planning committee member*

2018 The Brown School Professional Development Seminar Series,

Washington University in St. Louis

*Panel member*

2017 The Monarch Program, University of Texas at Austin

*Social work affiliate and group member*

2014-2017 Doctoral Student Advisory Group, University of Texas at Austin,

Steve Hicks School of Social Work

*Group member*

2013-2014 Kenyon College Admissions Office, Gambier, Ohio

*Alumni Prospective Student Recruitment Volunteer*

2006-2009 Student-based disaster relief response group, Kenyon College, Ohio

*Co-Leader*

**FORMAL MENTORING**

**Dissertation Committees**

1. Dissertation (external) committee member, Cody Weeks (Montclair State University doctoral student): *The Association of Mindfulness, Passive Social Media Use, Social Comparisons, FoMO and Depression in College Students* (Proposal defended October 2021).

**Research Supervision**

Doctoral Supervision

1. Lucy Nonas-Barnes, *Project Safety in Crisis,* Rutgers University (2021-2022)

Masters-Level Supervision

1. Vibol Kong, iCHASM Lab, Washington University School of Medicine (2022)

2. Melody Rachel Konadu Frempong, Washington University School of Medicine (2022)

## PROFESSIONAL ASSOCIATIONS & LICENSURE

Member, American Association of Suicidology

Member, Youth Suicide Research Consortium

Member, Society for Social Work and Research (SSWR)

Licensed Clinical Social Worker (LCSW) in State of Texas, October 2013 – present

Licensed Clinical Social Worker (LCSW) in State of Missouri, February 2023 – present

**PEER REVIEW WORK**

**Manuscript Reviewer**

2018 Ad hoc reviewer, *Mobile Media & Communication*

2019 Ad hoc reviewer, *Family Process*

2020 Ad hoc reviewer, *Social Work in Public Health*

2020 Ad hoc reviewer, *Qualitative Health Research*

2020 Ad hoc reviewer, *World Journal of Pediatrics*

2020-2021 Ad hoc reviewer, *British Journal of Social Work*

2020 Ad hoc reviewer, *Psychological Medicine*

2020-2021 Ad hoc reviewer, *Youth & Society*

2020-2021 Ad hoc reviewer, *Computers in Human Behavior Reports*

2021-2022 Ad hoc reviewer, *Journal of Adolescent Health*

2021 Ad hoc reviewer, *Suicide and Life-Threatening Behavior*

2021 Ad hoc reviewer, *Translational Psychiatry*

**Review Editor**

2022- Frontiers in Adolescent Medicine, Addiction in Adolescents

**Conference Abstract Reviewer**

2020 – American Association of Suicidology Annual Meeting, 2021